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Professor Making Recovery After Being Struck by Vehicle in NYC

MICHELLE RICCIARDI
Editor in Chief

Professor of Lienhard School of Nursing, Dr. Lin Drury, was struck by a vehicle in New York City last Monday.

According to the Dean and Professor of the College of Health Professions and Lienhard School of Nursing, Dr. Harriet R. Feldman, Drury was leaving Pace University NYC's William Street offices to catch the subway when a "rather large vehicle" struck her.

She was taken to a local hospital from which she was released this past weekend and is expected to make a full recovery.

"It was a terrible incident," said Feldman. "[The department] was shocked but we are thankful that she is making a recovery."

Drury has been a professor at Pace for more than 10

years, after teaching at DePaul University in Chicago.

Earlier this year, Drury, along with Dr. Sharon Wexler, were recognized for their research and commitment to gerontological nursing, which helped The Lienhard School of Nursing obtain its membership in the National Hartford Center of Gerontological Nursing Excellence.

She also helped Pace win the PILOT Health Tech NY Innovation Program with her research, "Lowering Health Care Costs and Improving Outcomes for Vulnerable Older Adults: A Pilot to Demonstrate the Effectiveness of eCaring's In-home Care Management System within Henry Street Settlement's Vladeck Cares Naturally Occurring Retirement Community," in 2013.

Drury was previously nominated for various awards throughout the years including

the National Rosalynn Carter Caregiving Award, the Excellence in Public Service Award, the Excellence in Teaching Award, and the Faculty Excellence Award.

Assistant Dean of the College of Health Professions (CHP), Stacie Cignarale, helped created a private online fundraiser to help support Drury and her family while she recovers. Within a week, Drury's colleagues and friends have helped raise more than \$6500.

According to Feldman, Drury will be on medical leave for the remainder of the semester. However, she remains hopeful that Drury will return to both campuses in the spring.

For more information about the fundraiser to help the recovery of Dr. Lin Drury, go to <https://www.youcaring.com/lin-drury-674886>



Professor Lin Drury (Courtesy of the College of Health Professions)

SGA Partners With Lyft for 'Safer Travel' Initiative

JOSEPH TUCCI
Managing Editor

Pace's Student Government Association (SGA) is working on initiatives to ensure that students can travel safely.

The first measure taken by SGA is incorporating the safe ride service, Lyft, with Pace.

This measure was spearheaded by SGA's Vice President of Administration, Julian Alston, who sought to solve the transportation issues on campus. Alston reached out to both Uber and Lyft, however, only Lyft wanted to work with Pace.

"It was something I was working on since late June or early July of 2016," Alston said. "I was thinking of how I could leave my mark; how could I leave my campus a little better. Because that's my position [As SGA's Vice President of Administration] and I do care about my school."

Currently, there is a contract pending for Pace's partnership with Lyft, which will give students and faculty discounts to use the service.



Lyft will soon be incorporated into Pace. (Photo courtesy of Lyft)

While Lyft has collaborated with other colleges, Pace was the only school to reach out to Lyft first.

"They already have this program implemented in some schools in the nation, but Pace was the first school to seek out to them. They go to schools

and asked if they want to try their program out, and Pace was the first one to reach out to them, and they liked that," Alston said.

Alston wants to make certain areas like Pleasantville, Thornwood, and White Planes Lyft "hotspots" so there are

more drivers available in those areas.

Lyft will also provide transportation for students who go out past shuttle hours or don't have a car.

"The bus is great, but it can only take you so far and it only works at certain times, so if you miss the bus your kind of screwed," Alston said.

SGA is looking to give students an incentive to use Lyft by potentially reducing its cost through utilizing the Student Activity Fee or Pleasantville fund. However, they cannot make that decision themselves without having students first propose legislation in SGA.

Alston plans to have Lyft fully integrated with Pace by November. Lyft is now considered an official vendor of Pace, the last step is having the Legal Affairs and Risk Department Team sign a contract to approve the collaboration.

Once Lyft has been integrated Alston wants to look at ways to add Lyft to the MyPace smartphone application.

SGA also wants to create safer pathways in Pleas-

antville by working with Pace's Government and Community Relations in town because often times students get tickets for jaywalking due to the lack of sidewalks.

"I know that some students that go out will walk back, and on Route 117 [in Pleasantville] sidewalks cross that road multiple times, personally I think it's a poor design because it makes you cross a major road multiple times, which is unnecessary," Farrell said.

SGA is trying to solve this because citizens of Pleasantville have had issues with students walking home at night because some have been trespassing and creating noise according to the Director of Pace's Government and Community Relations, Bill Colona.

"When students go out, some might walk back and end up in people's yards or are being loud, and that doesn't really go over well with the local townspeople," Farrell said.

Finally, SGA is also considering trying to get transportation to run a later shuttle bus.

Students Appear in Public Court Hearing After Arrests

JOSEPH TUCCI
Managing Editor

Pace students Joseph Musso and James McDermott appeared at a public court hearing at the Pleasantville Village Hall on the afternoon of Oct. 18.

Musso, 19, had his license suspended and was assigned council after being charged with driving while intoxicated (DWI), the possession of marijuana, a turning violation, a lane violation, speeding 50 miles per hour (mph) in 30 mph zone, as well as violating other miscellaneous traffic regulations.

Musso was stopped on the Saw Mill River Parkway in Pleasantville at around 12:22 A.M. on Sept. 10 by Pleasantville Police Department Sergeant Samuel Caccamise.

He had failed to drive on a designated lane on the Saw Mill and had made an improper U-Turn and drove 50 mph on Bedford Road, which has a 30 mph speed limit according to



the police report.

Musso had an open container of alcohol in his car along with two baggies containing marijuana in a sock located on the rear floor of his vehicle, according to the police report.

A chemical analysis of Musso's breath in the Police headquarters showed that he had a .10 of one percent by

weight of alcohol on 1:04 A.M. according to the supporting deposition of Caccamise.

Musso will return to court on Nov. 15 for prosecution.

McDermott, 20, was arrested for disorderly conduct on Sept. 25 at 3:16 A.M. on Bedford Rd after being observed walking in the road-

way which impeded the flow of vehicle traffic and shouting according to a report by the Mount Pleasant Police Department.

These charges come after McDermott's third-degree assault charge reached an adjournment in contemplation of dismissal on Sept. 15, where one of the conditions for his

charges being dropped was to not be arrested again before March 2017.

McDermott was marked off the Pleasantville Court Clerk's calendar. His case will be taken to a separate court, and his attorney will report back to the Pleasantville Court Clerk when a decision is reached.

According to Pace's student code of conduct, a student whose conduct is deemed a threat to personal safety, property, or the university may be suspended. If a student continues to violate university policy after receiving a warning by officials, they may reach a summary suspension where they can be ejected from campus.

If a student is arrested off campus, the President –or the Provost or another university official in their stead- can suspend them after consultation with faculty and student representatives.

Musso and McDermott both declined to comment.

FEATURE

Lambda Upsilon Lambda Speaks Against Racial Injustices

TABATHA GONZALEZ
Feature Editor

Lambda Upsilon Lambda (LUL) hosted, "How Brown Can You Be?" last Tuesday night in Kessel's Gottesman Room. The event's purpose was to discuss inequalities that have been built into our social system through a variety of exercises that were based off of color.

The event started off by giving Caucasian people regular entry, whereas members patted down and searched those of color. While Caucasians sat in the front of the room, those of color were told to stand in the back. Many students were insulted and remarked that it was unfair and only happening because they were not Caucasian.

"We pushed the boundaries on what is acceptable and what isn't. [We focused on] how people react, about what racism truly is, how we are all affected by it, and how we all participate in it," junior Justin Thomas said.

More than 60 people attended the event. The fraternity discussed what the group can do as a community to help teach people about racial bias in education and in everyday life.

One of the more prom-

inent activities, that showed students that racism is only realized when targeted toward themselves, was the question challenge. Students were asked if they would buy a cupcake from someone for a cheaper price if the same cupcake were being sold to someone of a different race for a more expensive price. The majority of students answered yes. When they were asked if they would buy it for the more expensive price, they said no and that it was racism.

The moral of many activities that LUL held was that most people did not realize others were mistreated or decided to speak up against racism that was present unless it was targeted towards them. The event highlighted a significant issue in today's society that must be addressed in order for social injustices to be abolished. It encouraged people to work as a community to put an end to discrimination of many sorts that has been apparent in society for years.

"The brothers did a great job of showing that it doesn't matter your skin color, but rather who you are as a person which is what Julian Alston said, 'I'm friends with anyone who I can relate to.' In the end, the message was that we can



Racial Injustices Event (Courtesy of Justin Thomas)

relate to people if you put yourself out there," Thomas said.

Though many fell into the trap of buying a cheaper

cupcake because they were receiving the "advantages," others had different responses. A member from SLU responded

that she would buy the cheaper cupcake for the other person. The audience, content with the answer, applauded her.

One Student’s Personal Mission Through Colleges Against Cancer

SEAN BROWNE
Sports Editor

Noelle McCullough woke every morning not knowing if her grandmother had made it through the night.

In the Summer of 2003 when McCullough was just six-years-old she was told crushing news about her maternal grandmother.

“My maternal grandmother had stage four melanoma,” said McCullough, who participated in Wednesday’s Bra Pong in the Kessel Student Center. “It’s the most aggressive skin cancer you can get.”

Her grandmother’s condition always left McCullough is a constant state of fear, not knowing what was going to happen to her next.

“I did not know as much about cancer, so my first thought was that she was going to die,” McCullough said. “I did not know what I was going to do without her and that is just a terrible feeling.”

Trips to the hospital were always the worst for

McCullough, feeling as though she was helpless as her grandmother suffered.

“Visiting her in the hospital is something that I would never wish on anybody to be honest,” McCullough said. “Just seeing someone in that state and knowing that you can’t help her was just terrible, those are images that I will never forget in my life.”

It was at that moment McCullough realized that she did not want to feel helpless anymore. She started participating in charity events for cancer along with her family.

When McCullough came to Pace in the fall, the first thing she did was join Colleges Against Cancer, a chapter dedicated to eliminating cancer by implementing programs from the American Cancer Society.

“Being a part of this club has been such a great decision for me,” McCullough said. “We bring so many people together who do not know much about cancer to educate them, as well as getting donations.”

However, McCullough

was again told crushing news, this time from another grandparent. She found out that her paternal grandmother was diagnosed with cancer of the adrenal gland just a couple of weeks ago.

But thanks to her time in Colleges Against Cancer, McCullough was not about to feel like a frightened child who could not do anything.

“Thanks to my knowledge of cancer I could fully understand what was going on,” McCullough said. “I said to myself, ‘she’s going to have surgery and she is going to be fine.’ So being in the club has educated me so much more.”

In addition to her education, McCullough is just glad that she can help contribute to fighting cancer from hosting “Bra Pong” in Kessel to participating in Relay for Life, she doesn’t care as long as she contributing to help fight cancer.

Next April, McCullough will take part in organizing a Relay for Life at Pace, and she can already count on two people making the trip to Pleasantville.



Students Give Back to The Community on ‘Pace Makes a Difference Day’

TABATHA GONZALEZ
Feature Editor

Pace Makes a Difference Day helped build a stronger connection with the Westchester community with the help of members of Student Development of Campus Activities, athletic teams, and other organizations.

Students had planned to participate in a community clean up but due to in climate weather, different events were held instead. Students helped build community ties by doing activities with disabled children and their families in Kessel’s Gottesman room. They face painted, made Halloween decorations, and danced.

Students often criticize the towns surrounding Pace like Pleasantville and Mount Pleasant for not being “college towns.” Though it may not seem like it, surrounding towns and villages are more connected with Pace than most students think.

The Center for Community Action and Research holds events throughout the year such as decorating the Pleasantville Cottage House during certain holidays. Athletics participate in a variety of community events, like visiting the senior citizen homes or local elementary schools on National Read Across America Day. Greek organizations hold events for high school students



to learn about college experiences. Even Pace’s facilities, like Goldstein Fitness Center, are open to local members of the community with a member fee.

Communities surrounding Pace offer their businesses in return. Frank & Joes, The Pleasantville Diner, and other businesses not only sponsor our athletic programs, they also offer student discounts

and allow students to use the school’s Flex Dollars. Though students have their campus security, the village’s police and fire departments offer students safety in and around the community.

Though these communities do support Pace, some feel that as college students, young minds, innovators, community builders, and as society’s future, Pace students

should be giving thanks to the community that has offered them an area to learn and develop.

“I think it’s important to give back to the community because it allows me a chance to not only give thanks for the opportunities I’ve been given, and the experiences I’ve had, but it also helps ensure that future students will be able to have those same opportunities

and experiences,” graduate student Brett Bittiger said.

Attending community-building events like Pace Makes a Difference Day can help students to discover change and innovation by talking to citizens, creating friendships, helping strangers, and building ties with the community.

Student Gains Emotional Support And More From Greek Life

LIA TASSINARI
Social Media Editor

Greek life did more for Felicia Robcke than she ever could have anticipated.

Robcke, a member of Pace University's Nu Zeta Phi sorority, attended the Quarter Auction event, held by the Sigma Iota Chi sorority, to raise money to afford its insurance on Thursday night in the Gottesman room of Kessel.

Even though the event was mandatory for Robcke, and 50% of the sororities in the University Panhellenic Council, the junior Communications major was happy to be there.

"I came [to the event] because it was to support another organization and their philanthropy," Robcke said. "I figured it'd be a good cause and it was a lot of fun. I've never been to a quarter event before so I wanted to also try something new."

However, while many students at Pace join sororities and fraternities to simply be involved on campus, or to put more on their resume, Robcke is grateful for her sorority because it has provided more opportunities for her than she

could have ever dreamed.

"It's like a support system and I really wanted a support system," the Robcke said. "When I was in high school, I had my marching band and my twirling team as my support system and I didn't have that coming to Pace. Once I joined Greek life, I had that support system."

Having a strong support system is important to Robcke, who was diagnosed with dyslexia in the third grade. Robcke admitted that her learning disability hampered her academically in high school. However, she was adamant to not let it continue to affect her once she was accepted to Pace.

After she joined her sorority, Robcke immediately became involved on campus. She is currently Nu Zeta Phi's Philanthropy Chair, where she hosts and creates events to raise money for her sorority's philanthropy – breast cancer. She and the sorority recently raised \$500 for their "Think Pink" fashion show.

However, those are not Robcke's only achievements in regards to her sorority. She also landed an internship at the Jer-

ry Springer and Steve Wilkos shows through her connections to Greek life.

"I would have never gotten that opportunity [without Greek life]," the junior said. "The resume I had before was nothing compared to what it is now. This semester and this internship boosted my resume so much that now I have the opportunity to have other internships because of Greek life."

As of now, Robcke is undecided about where she wants to take her Communications degree once she graduates. However, she is open to "anything" within the field. She is even open to becoming an educator and help young children who struggle with dyslexia.

Nonetheless, happiness is a priority to Robcke and she remains grateful for Pace's Greek life community for all of her positive experiences and opportunities that it has offered her on and off campus.

"My greatest accomplishment is that I'm here, I'm involved on campus, and I'm happy," the Nu Zeta Phi sister said.



Sister of Nu Zeta Phi, Felicia Robcke. (Courtesy of Felicia Robcke)

Alumni Hall Introduces First Year Interest Groups

KEYSHANA DUPUY
Featured Writer

Alumni Hall is one of the Pace University Westchester campus Residence Halls dedicated primarily to first year residents and has the most Resident Assistants (RA) on campus due to the seven First Year Interest Groups (FIG).

The Extreme Sports and Pace Nation (ESPN) FIG has 220 first-year students, making it the largest FIG, thus the reason the ESPN FIG has four RAs. Students in this community are interested in sports of all kinds, pushing their adrenaline levels and/or supporting Pace University athletic teams so the RAs try to coordinate events related to those interests.

As the second largest FIG, the Pop Culture and Media (PCM) FIG has three RAs. Students in this community will look at popular media and how it affects American culture and society. The RAs have put on a variety of events like attending the Maury Povich show screening.

The Honors FIG has two RAs and is dedicated solely to students who are a part of the Pforzheimer Honors College at Pace University. The Honors FIG is different from the other FIGs because

Think Outside of your FIG!

Did you know...?

You are not limited to events within your assigned FIG!

First-Year Residents & Commuters can:

- ❖ Be active in **ESPN**
- ❖ Talk about trends in **Pop Culture and Media**
- ❖ Go to yoga with **Body and Mind**
- ❖ Participate in the **CEO Shark Tank event**
- ❖ ...and more!

"Although SLH is my FIG, I have had the opportunity to participate in Honors Trips, cram for exams with my friends in the Nursing FIG lounge and even do yoga and de-stress in the BAM lounge."

- Kim Zuniga '19

there are a few upperclassmen living in this section of Alumni Hall as an extra academic resource for the first year honor students. The students experience several programs through the Honors college or RAs such as lectures on various hot topics such as Professor Talk: Sexual Assault, trips to museums, and service opportunities in the local community.

The Creating Entre-

preneurial Opportunities (CEO) and the Setter's Leadership House (SLH) FIGS are the only two that have one RA due to the amount of residents each section has. The CEO FIG focuses on giving students the chance to learn and discuss effective business strategies, compete in competitions like Shark Tank Pace edition and explore different avenues of career choice and planning. The SLH FIG is for

students that were accepted to the Setters Leadership and Service House program and includes ongoing service projects as well as weekly leadership workshops.

The Body and Mind (BAM) and Nursing FIGs each have two RAs assigned to them. The BAM FIG focuses on maintaining a physically, mentally, and emotionally healthy lifestyle through programs such as in hall cooking

lessons, Yoga, and Pilates classes. The Nursing FIG has programs dedicated to nursing topics but the FIG is not Nursing major exclusive.

Residents select their FIG preference and are housed based on the FIG they chose. FIGs are used to build communities between residents as well as staff based on common interest and seem to work very well.

What Your Dealer Won't Tell You About Adderall

MICHELLE RICCIARDI
Editor in Chief

College is a time where students' time management skills face the ultimate test. Balancing classes, homework, campus organizations or sports, maintaining a social life, and getting any sleep at all are just some of the tasks that students deal with on a daily basis.

In order to make the most of their time and maximize concentration and motivation, many students turn to "study drugs" such as Adderall.

According to the 2010 National Survey on Drug Use and Health, "More than 11 percent of people ages 12 to 25 reported using prescription drugs for non-medical reasons within the past year, and full-time college students ages 18 to 22 were twice as likely to abuse Adderall as those of the same age not in college."

Though a doctor may prescribe Adderall to those who suffer from Attention Deficit Hyperactivity Disorder (ADHD) or narcolepsy, those who abuse the drug are more likely to become addicted.

"Adderall is an amphetamine that is similar to cocaine," said Professor Stacey Casden, who teaches the Psychology of Alcohol and Substance Abuse course in Pleasantville. "So your chances of addiction are similar to those as



if you were to become addicted to recreational drugs."

However, Casden says that those who are prescribed "study drugs" are unlikely to become addicted because of the "way" they use the drug.

"Many times those who use Adderall only need it periodically," said Casden. "People usually stop taking it over the summer because they are off from school so the chances of addiction are less likely since it's controlled."

According to the Center for Drug Abuse, Adderall helps ADHD patients attain a

normal ability to focus on tasks without becoming distracted. Those who use Adderall without a prescription and do not have ADHD experience "super-charged" focus and motivation, which is why students tend to use the drug to boost their studying abilities "well beyond" normal in times of high academic stress-like midterms and finals.

However, it is still possible to overdose from Adderall or risk other side effects by abusing the drug, especially if taken with other substances like alcohol.

According to Addiction Center, "Overdose is one of the worst side effects of Adderall abuse, which can lead to heart attack, stroke and liver failure. Taking Adderall with other substances, such as alcohol, heighten the risk of a fatal overdose."

Prolonged abuse of Adderall can even alter the chemical makeup of your brain.

"Adderall can also cause physical changes in the brain's neurocircuitry. This can lead to altered behaviors and the development of mental disorders like depression. Some

Adderall addicts become suicidal after taking the drug for a prolonged period of time."

Other side effects include loss of appetite, irregular heartbeat, weight loss, insomnia, nausea, uncontrollable shaking, sexual dysfunction, and even hallucination.

What constitutes Adderall abuse? Some signs of abuse are taking the drug for purposes other than it is designed for such as getting high, studying, athletic performance, weight loss, and staying awake.

Regardless of someone's intent, the use of Adderall without a prescription is illegal as is the distribution of the drug.

According to Pace's Student Handbook, "It is the policy of the University that the unlawful use, possession, sale, distribution, or manufacture of controlled substances and alcohol on University property or at University sponsored programs and activities are prohibited."

Furthermore, the policy states that violations of the university's Drug and Alcohol Policy relating to unlawful possession, use, or distribution of controlled substances may result in "disciplinary sanctions" such as probation, suspension, dismissal or expulsion, a \$200 fine, and a drug use assessment.

Why You Shouldn't Take Your Phone To The Bathroom

ELISE ADAMS
Layout Editor

For some people, using the bathroom is considered "me time." It's a time when no one can bother you, you can take a break from school or work, and if on your phone, you can scroll through various social media feeds, reply to text messages, and send a funny bathroom snap (if that's your thing). Although it may seem productive to take your phone to the bathroom, you are actually putting yourself at some serious health risks.

Toilets, especially public ones, are covered in various germs, bacteria, and fecal matter. Throughout the day, these are spread through the bathroom stall from flushing and from touching the locks, doors, handles, toilet paper racks, and anything else you might touch in the bathroom. The most contaminated surfaces are the door and toilet handles, the faucet, and the floor.

"When you flush the toilet, water with feces and urine sprays about six feet in every direction. The aerosols increase with every flush, so if it's a public bathroom, there is dirty toilet water coating everything, especially the toilet paper

dispenser, because it's right next to the toilet bowl," Professor at the University of Arizona Dr. Kelly Reynolds said.

When you bring your phone to the bathroom, your phone is being contaminated with all the bacteria and germs that call the bathroom stall home. If you set it down, it gets contaminated. If you touch the handle or the lock and then touch your phone, it gets contaminated. If you touch your phone before washing your hands, guess what? It gets contaminated.

So, lets say you've taken your phone to the bathroom with you. You set it down while you do your business (this is where contamination takes place) then you pick it up, wash your hands, and pick it back up off the counter to carry out with you. You're safe, right? Wrong.

Once your phone has been contaminated, unless you are dousing it in hand sanitizer or anti-bacterial soap, it stays contaminated. So when you go to eat that slice of pizza or sandwich later and you're on Snapchat at the same time, you are transferring the bacteria and fecal matter from your phone, back to your hands, onto your food and into your mouth. Yum!

"I always take my phone to the bathroom with me, but I always wash my hands, so I thought I was safe. I guess I'll start keeping it in my pocket while I'm in the bathroom and cleaning it every so often to avoid germs from elsewhere," Dillon Sawyer, a junior at Pace NYC said.

It is in your best interest to put your phone away for five minutes while you use the bathroom and prevent contamination from any bacteria that may be present. If you absolutely cannot put your phone away while going to the bathroom, you should absolutely sanitize it twice when you are done.



Variety Show

Pace Drama Alliance presents the annual Variety Show where students are given the opportunity to showcase their talents, rather it be acting, singing, dancing or any other form of performance. Open to the whole Pace community!

Kessel Gottesman Room
Thursday, October 27
9:15 p.m.

‘Human iPod’ Brings One Man Show to Pleasantville

SUSAN ARACENA
Arts & Entertainment Editor

Musician John Rush is known as the “Human iPod.” He has more than 75 hours of music memorized in his head.

For his performances, he brings along copies of a large black book and in it, he has hundreds of songs. These songs range from classic old school rock to recent pop songs.

Rush performed at Pace last Thursday night in the Boudreau Lounge and while at first he lacked large enough group to call an audience, within a half an hour stormed a group of students.

“I like small shows better because it seems like you are just sitting down in your living room hanging out,” said Rush.

Rush has been Campus Musician of the Year, Campus Entertainer of the Year, and Coffeehouse Act of the Year. He has played alongside artists such as The Dixie Chicks and Matchbox 20 and has opened shows for Edwin McCain and Howie Day.

“I like small shows better because it seems like you are just sitting down in your living room hanging out.”

— John Rush

Maintaining an amicable environment, he made the performance extremely inclusive by asking audience members to choose a song for him to sing from his big black book. The audience would go up to the book and write down the song on a post-it and throw it on stage for the musician to choose.

Rush was so interactive with the audience that he threw a microphone across the audience for one student, Earna, to help him sing Free Fallin’ by Tom Petty.

The guitarist also took time in between each song to create conversation. While he played various styles of guitar solos, he explained the difference between artists such as Jimmy Hendrix, Eddie Van Hallen and many more. He even taught the crowd about the guitar and his performance process.

“Every song is being sung live,” said Rush.

Rush has recorded all the notes that he needs for the songs that he plays with different instruments such as bass, harmonica, piano, and sax.

Rush says that he worked hard to achieve the musical ability that he has now. Though seemingly relaxed and confident on the stage, when he was younger Rush said that he “could not play bar chords.”

“Singing and playing the guitar was also really hard,” Rush said. “But as I got more comfortable, I learned that you just need to let go of the guitar and sing. That helped a lot.”



Musician John Rush (Courtesy of Facebook)

Luke Cage: The New Hero The World Didn’t Know it Needed

JANINE JONES
Copy Editor

The Netflix – Marvel partnership is ever growing and increasingly successful. So far, the stories have been focused on second-tier superheroes, like Daredevil, Jessica Jones, and now Luke Cage, which is quite possibly the best and the realest of all three heroes.

Luke Cage is a black hero with super strength and impenetrable skin – anything that hits him either bounces off or breaks (a few guys learned this the hard way). In the beginning, he’s a mystery man, the kind of guy that lays low and works in the background. Cage works two jobs, one as a janitor in a local barbershop and the other as a dishwasher and sometimes bartender at the club, Harlem’s Paradise.

Cage, who would’ve loved nothing more than to stay under the radar, tries to stop local power-obsessed mob boss, Cornell “Cottonmouth” Stokes (yes, like the snake) at the request of his mentor of sorts, Pop. Cage is also trying to get revenge for Pop after one of Cottonmouth’s goons decided to make an ‘executive decision’ that resulted in his downfall, literally.

Soon, Cage finds out that the problem doesn’t just lie with one person, but multiple people who not only want power, but want to see him lose his new hero title in a perma-



Cast of “Luke Cage.” (Photo courtesy of Netflix)

nent sense, and will go as far as frame him for murder (twice) and threaten him with exposing his old life. Which wouldn’t be so bad if he wasn’t a presumed dead fugitive of a seaside prison in the state of Georgia.

Luke Cage also gets a surprising blast from the past in the crazy, Bible toting, Scripture quoting, and even bigger mob boss, Diamondback (yes, another snake name).

Harlem’s Paradise is the center of all the chaos and evil happenings in the show. The audience learns that before

the club was owned by Cottonmouth, his grandmother, Mama Mabel, who was the original Harlem mob boss, founded the club. It’s safe to say that illegal transactions and murder are practically built into the club’s architecture.

When there isn’t criminal activity happening in the club, there are incredible performances by artists like Raphael Saadiq, Faith Evans, Jidenna, and Sharon Jones. One of the most powerful performances is Jidenna’s “Long Live the Chief” in the fifth episode,

where he performs to a crowd of none, except Cottonmouth in his VIP area.

The setting for the show is in present day Harlem. Visual and spoken references to Harlem’s culture and history are weaved into the storyline and cast as the motivation for many of the characters’ actions. Especially as Luke Cage and Cottonmouth battle for “the soul of Harlem.”

Some of the names dropped in the series as part of Harlem’s history were Langston Hughes, Billy Strayhorn, Percy

Sutton, and A\$AP Rocky. As another salute to the city, Mariah Dillard, a corrupt politician and cousin to Cottonmouth, named her development plan the New Harlem Renaissance.

If you were toying with the idea of watching the new Netflix series, definitely do yourself the favor. The show’s story of revenge, redemption, and love is sure to resonate with its audience. Luke Cage is the new hero the world didn’t know it needed.

Reminder That Commuter Students Are Setters Too

NIHAL AL QAWASMI
Opinion Editor

Last week, I gave a shoutout to my fellow MCVA majors. This week, it’s all about my commuters. (Don’t worry Political Science department, your turn is coming).

I’ve been commuting to Pace since my freshman year, and boy do I have stories to tell. Or rant about? It has been quite a ride — pun intended.

As a commuter student, it’s super easy to feel left out of the “Pace family” environment that the Pleasantville campus embodies most of the time. This is probably because most campus events are hosted past 9pm — and what student wants to stay on campus when their day is over when they could be home in comfy pjs? No, not even free pizza will get me to stay that late.

We’ve all been there.



Then there are the resident students that feel they have this advantage over us because they can roll out of bed 10 minutes before class and make it there on time.

Well, I have two words for you guys: communal bathrooms. Ew.

True, it’s not fun that I have to be up at least an hour before my class to get ready and endure my 25 minute commute — but at least I don’t have to schedule my bathroom visits in advance. Or deal with clogged showers. Or a messy roommate. Or 3am fire drills.

I would take commuting over that any day.

Of course, it’s not all rainbows and sunshine as commuting does have its cons. The parking situation, classes that end at rush hour, those two new road bumps (mountains) in front of Martin Hall? (Hint: my next op-ed.)

But we make it work. And contrary to popular belief, commuters are a part of the campus too. Most of us are stuck there all day with back to back classes and meetings, which makes our meal plan a complete joke by the way.

According to U.S. News Rankings, commuters at Pace make up 58% of the student population. That’s more than half. It’s the only time I don’t represent a minority on this campus.

We don’t just go to events, we plan them too. We don’t just read the school paper, we make up some of the top editors and writers

on the team. We make up the campus. We are Setters.

And yet, we are very close to being underrepresented at Pace. I say close because the Commuter-Life programming from SDCA was revived less than two years ago. In an effort to bridge the commuter-resident gap and voice the concerns of commuters — Commuter Assistant positions have been filled. And ya girl right here is one of two this year.

Besides my shameless plug, commuter students should know they have a place on this campus too. There is power in numbers and we have the ability to comfortably make this campus your second home.

For more information about Commuter-Life events or to reach out to a Commuter Assistant, please visit: www.pace.edu/commuter-life

To Take Online Classes or to Not Take Online Classes

NIHAL AL QAWASMI
Opinion Editor

Today, many things, if not everything, is done with a hint of technology. The global world has gone virtual. Everyone and everything is connected on some level. So it comes as no surprise that online classes are a thing. I mean, who didn’t see that coming?

Of course, technology has always had its pros and cons. Mainly because things that are fueled by technology can easily go bad — take, for example, social media. Depending on how you use it and for what purposes exactly, it can make or break your message.

Online classes are a little bit more tricky. You ultimately have less control and are being “lead” by a superior figure on the other side of the screen. And for that reason, I believe online classes are all about luck. You take the risk and you just have to deal with what you end up with. It can either be the best decision you made or the worst.

Seja Alkhatib, senior, shared her thoughts about taking online classes.

“Taking an online class can be a hit or miss, and is one of those ‘risks’ I am willing to take in order to save any amount of time during my busy schedule. Online classes are great, in my opinion, if you’re taking an AOK because you generally save more time and they’re not as demanding,” Alkhatib said. “On the other hand-there are those professors that take their online course a bit too seriously and give you a load of work to make up for that missed class time.”

There are many factors that lead to students taking online classes, and saving time is definitely one of them. Whenever I’ve taken an online class, I’ve made sure to schedule it around my toughest semesters. Online classes should help you by allowing you to work on your own time — if the professor doesn’t have ridiculous deadlines and expectations.

Which begs the questions, what do you do when you are completely blindsided by the expectations of a course? I don’t know, but it happens, and I believe in you.

If you were put in that situation, would you ever take another online class? Gjek Vukelj, junior, gave us an answer.

“If it’s not demanding and I only have to do one short assignment per week, I usually do not mind it. However, right now I’m in an extremely demanding online course that requires me to spend a lot of time on it — more than a normal class would,” Vukelj said. “And for this reason I honestly wish I never took it. I will continue to try and make the best out of it but in the future, my first pick will definitely be going to class in person.”

Cecile Barmoen, senior, had a different answer regarding online classes. “I really enjoy taking them, because I feel like I get more out of the class than sitting in the actual class. Also, I can divide my work around my schedule and work at my own pace,” she said.

What are your thoughts about online classes? Let your fellow students know!



Football Team Stands United in the Face of Controversy

MICHELLE RICCIARDI
Editor in Chief

Colin Kaepernick sparked national outrage back in August when he refused to stand during the National Anthem.

He has even been accused of causing NFL ratings to drop this season, according to Fox News.

In an interview with NFL Media, Kaepernick explained his reasoning behind his choice to kneel.

"I am not going to stand up to show pride in a flag for a country that oppresses black people and people of color," Kaepernick said. "To me, this is bigger than football and it would be selfish on my part to look the other way. There are bodies in the street and people getting paid leave and getting away with murder."

While he's received both praise and backlash, Kaepernick has started a conversation across the nation that has trickled all the way down to college and even high school sports.

For Pace Football, this



Pace University Football Team (Courtesy of Pace Athletics)

was an opportunity to come together in a time of great divide.

Instead of teammates choosing to stand or take a knee during the anthem, the team decided to link arms on the sidelines to show unity.

"I understand the point that is trying to be made," said football captain Delaney Wallace. "As the leadership group, we came together and said, 'hey, instead of having a couple of people off to the side kneeling, can we do something as a

team to show that everybody is in this together.'"

Wallace says that although there is a point to be made about the social injustices present in society, the team wanted to come together to support each other.

"We recognized that this was a prevalent piece of sports and that other teams we play will encounter it," said Head Coach Andrew Rondeau. "We anticipated that there would be players who would want to use this opportunity for nonviolent protest. [The team] got out there and said, 'Instead of letting this divide us-it's a hard enough season as it is-let's do this in a fashion where we can support each other.'"

Captain and defensive lineman Gavin Maher says that the team's compromise allows them to honor the flag while still making a statement.

He and Wallace believe that the reason for backlash against Kaepernick is due to the fact that he used his prominence as a professional athlete to create an "uncomfortable conversation."

"It's easier to complain about the thing that he's doing than to try to fix the problem that he's trying to solve," said Wallace. "A culture takes forever to change and it's easier to ignore it and sidetrack the conversation."

Basketball Transfer Makes A Final Stop At Pace

SEAN BROWNE
Sports Editor

Christian White has been on three college basketball teams in four years. He has always been unsure about where he would play next, but that was until he came to Pace.

Out of high school, White was recruited to play basketball to Monmouth University, and while he enjoyed the school and team, he needed to be closer to home.

Living in Rochester and growing up a fan of Syracuse, it seemed like a perfect fit for White to transfer there.

His dream came true his junior year as he walked on and eventually earned a scholarship to play at Syracuse.

"Playing at that high of a level is incredible," White said. "There is nothing like it, you get to meet a lot of cool people and play against the best. I wouldn't trade that for anything."

But White's dream came to an abrupt end his senior year. In 2015, the NCAA announced that Syracuse would lose 12 scholarships over a four year span due to infractions from Syracuse in years past.

One of those scholarships taken belonged to White as he was ready to begin his final year of basketball.

"It really did bother me a lot, because it was stuff from ten years ago," White said. "My scholarship that was available was taken away for stuff that I did not even do, so that really did bother me."

At this point, White again had to make another decision regarding his basketball future.

"Since I was not on scholarship my senior year I decided to sit out and red-shirt," White said. "I practiced and traveled but I just never played."

White did this so he could preserve his final year of eligibility and transfer to a school where he would play quality time instead of being on the bench at Syracuse.

With the help of a former Monmouth teammate and current Pace University Graduate Assistant, Khalil Brown, White took an interest in Pace.

Once White got into contact with the Pace coaches, their relationship quickly snowballed and eventually, White was eligible to play his final



Pace University Football Team (Courtesy of Pace Athletics)

year of college basketball at Pace.

"All of my decisions have been pretty calculated," White said. "I did not know where my basketball career was heading until I sat out my

senior year and came here. The toughest part has definitely been just kind of not knowing what's next, but I just keep a positive attitude and worked hard and that has paid off."

Now that his struggle

is over, White just wants to step onto the court and play.

He has played at small schools and big ones, but for him the environment does not matter just as long as he gets to play.

Haunted House Trip, Sunday, Oct. 30, 7 p.m. – North Hall Bus Stop Pick Up