

The Pace Chronicle

POKER FACE



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Uday Sukhatme Announces Resignation as Provost

SEAN BROWNE
News Editor

Pace Provost Uday Sukhatme will not seek reappointment as provost when his term ends on June 30, according to an email from Pace President Stephen J. Friedman.

Sukhatme, who served for five years, felt that this was a suitable time for a change at Pace.

"It is a time of transition for the president, as well as the provost," Sukhatme said. "It is a good time to have these changes at the same time. When there is a transition everyone has their own ideas of moving forward so it is good to have these transitions at the same time."

Sukhatme felt that during his tenure, Pace improved greatly and communication with faculty is very good.

Pace Chemistry Professor and Chair of the Faculty Council David N. Rahni issued a statement following the announcement of Sukhatme's resignation:

"Provost Uday P. Sukhatme will step down from his academic leadership at Commencement this May. He has served the university well, and will now be moving back to his professorship rank in physics. The university's student retention, particularly on

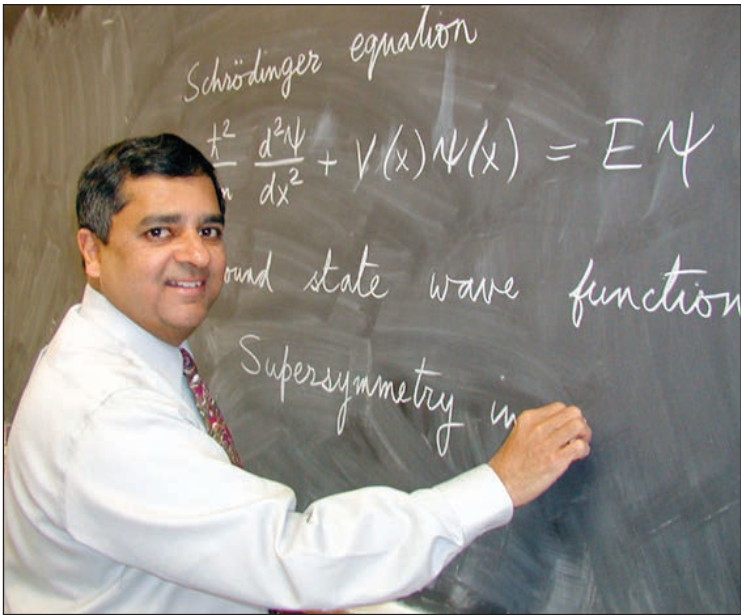
the NYC Campus, has markedly improved. The retention on the Pleasantville campus has remained very strong for some time. When most students finally arrive here as freshmen, they love the campus life, especially their close relationships with their dedicated excellent faculty, and so, most of them stay and graduate in four years."

Rahni also said that, "Dr. Sukhatme is a true scholar and honorable gentleman." He disputed, however, the claim that Sukhatme communicated well with the faculty.

"When he came here he met every now and again with the faculty but he carried that hands off approach of being withdrawn," Rahni said. "That did not click here because at a private university the faculty and administration have to be more engaged."

Rahni's reasoning for this is because Sukhatme came from a public university, Indiana University-Purdue University Indianapolis, where he could have a more laid off approach with the faculty. But at a private school like Pace, he could not use the same methods.

"All his career [Sukhatme] was in state schools," Rahni said. "I think the dynamic of state schools in laid back Indiana compared to a much more fast paced New



Uday Sukhatme will step down as Provost at the end of his term, but will continue at Pace as a physics professor. Photo courtesy of Pace.edu.

York City environment and a private university were not made."

One of the highlights of Sukhatme's tenure was his priority of faculty research. During his time as provost, Sukhatme hired over 180 new faculty members with the purpose of enhancing faculty research.

"When one is hiring the best quality faculty and hiring someone who wants to do something that is best for the students, you must have a certain amount of teaching research in your portfolio," Sukhatme said. "So I think the teaching has always been

good at Pace and I wanted to improve the research profile."

While Rahni agrees that research is important, it should not be the top priority at Pace.

"I concur with the faculty in that Pace has not become a research intensive university and nor should it ever become a research intensive university," Rahni said. "Our primary mission is vested in quality undergraduate education."

Despite stepping down as provost, Sukhatme will still be at Pace as he will become a physics professor. Sukhatme has some new ideas that he will like to bring to the physics curriculum.

Pace Women Attend the NYC Women's March

ELISE ADAMS
Feature Editor

A projected crowd of 250,000 people attended the New York City Women's March on Sat., Jan 21. The crowd walked together through the streets of Manhattan protesting President Donald Trump's inauguration.

The New York City Police Department was expecting a crowd of around 100,000 people when twice that many showed up.

Participants in the march included mostly women, but supporting men walked as well. Some families walked together bringing along children of all ages. People aged from elementary school to senior citizens marched alongside one another to express their beliefs.

Attending the march was Pace University student Sofia DiPasquale, who marched for about two and half hours.

"It was so wonderful to see so many kids marching. There was a little girl

marching in front of me with her mom and she was carrying a sign she had made," DiPasquale said. "It was inspiring to see kids engaged in politics, especially because I definitely wasn't thinking about it when I was their age."

DiPasquale marched because she does not support a President who displays actions of racism, sexism, islamophobia, or ableism.

She wanted to be around people who expressed the same feelings and positions on the new President.

The women's and gender studies major felt the march was important because of the scale of its impact.

"There was a march in pretty much every major city in the world. I wanted to be a part of the largest collective protest in history. It was important for me to get out into the streets and show that I am not going to lie down and let my rights and the rights of other humans get taken away," DiPasquale said. The Pace student is not



NYC Women's March, January 21, 2016. Photo courtesy of DNAinfo.com / Gwynne Hogan.

new to standing up for her beliefs and protested on the night after the election and for the black lives matter movement. She says there were a lot of first-time protesters at the women's march, which is probably why there was less chanting than previous protests she attended.

"I really enjoyed being around people that felt the same way I did, people who cared enough to dedicate

a big portion of their day to marching in the cold," DiPasquale said.

DiPasquale hopes it made a positive effect on those watching and thinks the crowd as a whole made noise and got their point across.

"We got to say that we are here and we are not going anywhere for the next four years," DiPasquale said.

Pace communications
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New Bus Stop Added for Easier Access to Students

GABRIELLA CAMACHO
AND JAMES MIRANDA
Featured Writer and Copy Editor

Pace added a new bus stop to the roundabout that connects Martin, Alumni, and Elm Halls providing students with easier access to the center of campus.

Pleasantville residents received an email that stated that the new stop will start being used at the beginning of the semester, which was determined by the Transportation Office back in December.

“My drivers were telling me that the students were asking maybe to get closer to the new dorms, so then after a meeting with my supervisors, we decided to add a bus stop down there,”

Transportation Director Francoise Crespo said. “When we started the semester, I put the bus stop on the run sheet for the drivers and told them to stop



The new bus stop is located at the roundabout of Martin, Alumni, and Elm Halls. Photo by James Miranda/The Pace Chronicle.

there on a regular basis.”

This additional bus stop has sparked a bit of concern and confusion among the student body, however.

There is a mobile app that

informs them about the different bus routes and the times, but the app has not been updated to inform the students about when the bus will be arriving or departing from the Martin stop.

The Transportation Schedule for the 2016-2017 year that can be found on the Pace website has yet to be updated as well.

“I left [the schedules] with no time because we have times already for the Townhouses so it takes one minute to come down,” Crespo said. “It didn’t make any sense to add this and make it more complicated. Even on the run sheets, I did not put any times; I left it at Townhouses/New Dorms.”

Some students had no idea that the new spot was added, however, and drivers on campus are concerned that the Martin circle is too narrow and that they will be stuck behind the bus when trying to get around on campus.

“I hope that when I am driving to class or even trying to leave campus, that I am not trapped behind it,” sophomore Alexis Baker said. “I will be late to class and it will be Pace’s fault.”

Crespo disclosed that the office has not received any complaints about buses blocking the road and pickup/drop-off times are fairly quick.

A benefit, however, is that during the day the bus picks up and drops off at Willcox and Miller Halls, the Townhouses, and after 10:30 PM the bus makes stops at North Hall.

There have been complaints from several students that the walk from their dorm is far and they have to run to catch the bus.

“[The new bus stop] was something we decided to make it easier because the most [common] complaints we got was that the students that were maybe coming from the village of Pleasantville with bags of groceries or what not that it was a long walk to get back to the dorms,” Crespo said. “And it’s not a big deal to add it into the schedule since we run every 30 minutes, so there’s plenty time to stop there.”

Environmental Museum to be Converted into Lab; Students Begin Petitioning

JAMES MIRANDA
Copy Editor

Pace’s Marty McGuire Environmental Museum will be converted into a lab for the environmental department due to academic reasons, according to the Dean of Dyson College of Arts & Sciences Nira Herrmann, and has provoked emphatic student petitions.

President Stephen Friedman and Provost Uday Sukhatme mandated that of all of Dyson’s Institute for Sustainability and the Environment activities be incorporated into the curriculum, according to Senior Associate Dean of Dyson Richard Schlesinger.

The museum space will be converted into a lab for environmental studies majors to store portable field equipment and other necessary research tools in and out of class. It will not become an office for one-of-three new environmental faculty members and is exclusively for students.

“In order to really provide [students] with the kind of hands-on experiential learning, that is part of Pace’s new initiative with the Pace Path, we really need to have a lab facility,” Herrmann said.

“Space on this campus is very much at a premium and the space that seemed obvious was space in that environmental center building. The programs [on campus] that are growing now, require facilities that are somewhat different from the programs that we even had 5-10 years ago.”

Herrmann and Schlesinger disclosed that this school year garnered the most declared

environmental studies majors Dyson’s ever had. Therefore, they needed to adjust accordingly.

Herrmann also expressed that the room is not “heavily utilized” and concerns from prospective students that the current museum animals aren’t housed in the most “hospitable” circumstances and that they’d be better off in local preserves.

The animals will be relocated by Environmental Center Director Angelo Spillo and his staff, who have until this summer, according to Schlesinger.

The time frame is ample enough, according to Spillo.

The lab is in the proposal stage, however, and must be approved to determine capital expenses, which may not happen until next fiscal year, according to Schlesinger.

“The proposal is solely to renovate that facility for the lab,” said Schlesinger, who said the final conversion may take approximately one-two years. “The only proposal is the museum, not the farm. Everything else stays.”

Little faculty knew of the situation until this week, according to an anonymous source. Rumors prompted Herrmann to hold off on an official announcement until Mon., Feb. 6 where she elaborated on the state of the museum.

The museum was dedicated in 2011 to 2006 environmental studies graduate Marty McGuire who passed away in a car accident.

The museum houses animals such as a Moroccan Spiny-Tailed Lizard, Western Hognose Snake, and Chinese Water Dragon, who have all



The Environmental Museum houses numerous types of animals such as snakes, prairie dogs, and lizards and is commonly seen as an area on campus to relieve stress. Photo by James Miranda/The Pace Chronicle.

been either abandoned, injured, or orphaned.

Students see the museum as a stress reliever and a recruiting tool.

“[The museum’s] a stress reliever just to watch the prairie dogs play around is very peaceful,” said Noah Brennan, a freshman who plans on signing one of the petitions. “It also provides an intrinsic value along with an educational value.”

Schlesinger and Herrmann both denied the museum as a recruiting tool, however, and that the farm served that niche better.

An online student petition has also started to prevent the conversion of the museum by freshmen and environmental center volunteer Samantha Mayrose, who created the petition on Jan. 31. Schlesinger

stated there are many “misconceptions” surrounding the petitions’ reasons. Some claimed the farm and other facilities were being rid of in conjunction with the museum, according to Schlesinger.

“It is research space for experiential learning for the students and to support the faculty in a program we have to develop on this campus,” Schlesinger said. “Something you need now; you may not have realized you needed then.”

Mayrose and supporters plan on presenting the petition to Dean of Students Lisa Bardill Moscaritolo in the upcoming week.

“This is a very small community too, and the fact that so many people are coming together for one reason, that’s to save the animals, to help spread the word,” said Mayrose, who

suffers from severe migraines and uses the museum as a stress reliever. “For people who don’t have a voice in the community, I mean animals obviously don’t, but also it’s just important to everyone.”

Mayrose’s petition has reached 497 supporters, as of 5:08 PM on Mon., Feb. 6.

Various classes have also signed in-class petitions and a Student Government Association (SGA) petition is in the works, according to various student sources.

SGA President Mitchell Farrell issued a statement on Sat., Feb. 2 pledging his and SGA’s support of the preservation of the museum.

Herrmann and Schlesinger confirmed that they are not reconsidering the conversion unless there’s alternative academic area proposed.

Friedman Issues Response to President Trump’s Travel Ban

SEAN BROWN
News Editor

Pace President Stephen Friedman issued a statement to students and faculty in the wake of President Donald Trump’s executive order banning refugees and others from seven predominantly Muslim countries on Fri., Jan 30.

Friedman gave the community guidance on how they should conduct themselves during this new controversial order and gave assurance in the future.

Friedman said in the statement: “As a university, we are equally concerned about the students, faculty, and staff who may be affected by this executive order. Their safety and well-being remain our highest priority. We support them and will do everything we can to maintain an environment that welcomes them to study, work, and enjoy the benefits of an education at Pace University.”

Friedman urged anyone who’s a citizen of the seven countries—Iran, Iraq, Libya, Somalia, Sudan, Syria, or Yemen—to not travel outside of the U.S. for the next 90 days.

An anonymous Pace faculty member who is from one of these sev-

en countries couldn’t agree more with Friedman’s warning.

“It was the right advice given from our president,” they said. “If there are students who go to one of these countries, they will not be able to come back.”

The faculty member also noted that it would be pointless to go back because they would not receive the same level of education at one of these seven countries.

Friedman also advised students or scholars on a non-immigrant visa who need help to seek out Pace’s Assistant Vice President for International Programs and Services Barry Stinson.

“We are doing all we can to support our students. We value them as a key part of the Pace community, they bring the world to Pace by sharing their global perspective and in turn, they experience the culture and values of the U.S,” Stinson said. “International students have been coming to the U.S. for their education for decades, and leaders of other countries have been educated here in the U.S.

“As a result of this executive order, one of my main worries is that the U.S. will become less attractive for international students and we will



Pace President Stephen Friedman. Photo courtesy of cicu.org

ultimately lose out on this cultural exchange. “

Stinson is updating student about the travel ban by posting updates on his website.

Stinson and Friedman are urged students to attend information sessions on the Immigration Executive Orders, conducted by the Immigration Justice Clinic Elisabeth Haub School of Law.

Pace Law School Professor and Director of the Immigration Justice Clinic at John Jay Legal Services Vanessa Merton aims for this clinic to be informative for students who seek legal advice against a Muslim ban.

“We are offering informational sessions where we will be laying out some of the problems that people are going to be confronting,” Merton said. “We are also providing information about individual legal representation where that could be obtained reliably.”

Merton has been preparing to advise students on this since Trump discussed the idea of a Muslim ban. However, there were still parts to the ban that caught her off guard.

“The attack on people with green cards and visas was not anticipated,” Merton said. “Also, we never dreamt that they would act while people were in the air or getting on the plane.”

Merton has been impressed with the job lawyers have done by prioritizing advice and counsel to those affected by the ban.

Pace Launches New Brand and Advertising Campaign

Pace released THIS IS PACE—a new advertising campaign, website, and brand—in order to raise enrollment rates for future semesters on Mon., Jan. 30.

There will be a five-month period of advertising in the spring and the fall, respectively, according to the email sent by President Stephen Friedman.

Advertisements will be dispersed in newspapers, social media, and public transportation services including The New York Times, The Wall Street Journal, The Chronicle of Higher Education, Facebook, the Long Island Railroad (LIRR), and Metro-North station.

Past and current students’ success stories will be featured who will then proceed to refer to a member of Pace who impacted their college experience. Viewers will be led to a website with information on Pace’s motto, Opportunitas, and on the various programs that offered.

After the release of Opportunitas, Pace’s strategic plan, created in 2014, to combine liberal arts, knowledge, and real-life experience in order to get students to achieve their full potential.

Pace was labeled as one of the most underrated colleges in America by Business Insider due to a lot of opportunities students receive for real-life experience and the programs offered to students.

Pace was labeled underrated due to the low enrollment rate, however.

Although Pace hasn’t been receiving as many

applicants per year, the acceptance rate for undergraduate students has not gone up in order to increase the numbers. The acceptance rate has gone down about 30 percent in the last ten years.

“Our acceptance rate is currently at 65 percent. A lower acceptance rate can sometimes mean less applicants,” Admissions Counselor Megan Mummy said.

About 2,500 undergraduate students were enrolled out of the 15,000 applications Pace University accepted for the year 2015. The numbers are lower than average due to the stricter requirements in order to attend Pace according to Student Assistant for Admission Kenneth Szeto.

“On the old scale, a high school senior would need a 1090/2400 on the SAT’s. Now one would need an 1130/1600 on the new scale,” Szeto said.

Although having stricter requirements makes it harder for Pace to increase enrollment numbers, the Pace advertisement campaign hopes to reach more people through the advertisements while maintaining the community that they currently have.

Many freshmen claimed that Pace was not their first choice because it was not as well-known as the other schools that they would have preferred to attend.

“I didn’t really know anything about Pace. I only applied because I knew that it had a film program. If I knew more about it, it probably would have been my first choice,” freshman and film major Sydney Krantz said.

Phishing Email Circulates Through Pace Network

JAMES MIRANDA
AND JOSEPH TUCCI
Copy Editor and Managing Editor

Pace’s ITS (Information Technology Services) Helpdesk sent out university-wide emails alerting the community about spam and phishing emails on Thurs., Jan. 26.

The ITS department sent two emails at 1:18 and 1:44 PM, respectively, alerting students to the existence of two spam and phishing—scams designed to provoke the receiver into disclosing personal information—emails from individuals claiming to be Pace President Stephen Friedman.

The first email described that a spam email was circulating and included a photo of the first phishing email, which told the receiver to open the attachment for an important announcement and claimed to be Friedman.

The ITS email included their contact information for emergency if any receiver opened the attachments, information regarding what phishing is, and other guidelines regarding fake web forms.

The second email similarly included the same details and guidelines, but included the sender’s other email again claiming to be Friedman.

A photo of the second phishing email was provided and described a “new development” that will benefit everyone and an attachment to read for more information.



Pace’s ITS (Information Technology Services) Helpdesk cautions the community to be vigilant for phishing emails in the coming months and throughout the rest of the year. Stock photo/Pexels.com

Both phishing emails included attachments, but the contents of the attachments are unknown at this time.

It is unclear if there will be an investigation on the origin of the email.

Director of Campus Safety and Security Vincent Beatty said that security will not be leading any investigation.

“Generally no [we don’t deal with these types of things],” Beatty said. “IT has a staff that is better suited to deal with these types of scams.”

The ITS Helpdesk was not available for comment and Information Security Analyst Lawrence Robcke declined to comment as well due to it being a security

issue. This isn’t the first time this school year that Pace emails have been hacked or an email scam circulated.

An Arizona man was arrested Nov. 2 for hacking over 1,000 Pace emails and social media accounts in search for lewd and embarrassing content between Oct. 2015 and Sept. 2016.

Pace notified the FBI in August and an investigation ensued, which discovered that Jonathan Powell, 29, used a password-reset tool to gain access to emails and changed passwords.

The investigation found he attempted to do the same to 75 other universities and faced five-years maximum in prison for fraud.

MLK Commemoration Addresses Current Social Issues

JOSEPH TUCCI
Managing Editor

The Office of Multicultural Affairs and Diversity Programs hosted its 17th annual Dr. Martin Luther King Jr. Commemoration Brunch, titled “What Would Martin Do,” on Jan. 28.

Keynote speaker Tricia Rose discussed King’s legacy as well as racial issues affecting the US.

Rose is a professor of Africana Studies and the director of the Center for the Study of Race and Ethnicity in America at Brown University, with a focus in the civil rights era, black US culture, popular music, social issues, gender, and sexuality.

She is also the author of a book on the emergence of hip-hop culture, titled *Black Noise: Rap Music and Black Culture in Contemporary*, which won an American Book Award from the Before Columbus Foundation, was voted among the 25 books of 1995 by the Village Voice, and was listed by Black Issues in Higher Education as one of “The Top Books of the Twentieth Century.”

Rose says that she thinks the election of President Donald Trump is the most significant resurgence of white male supremacy in the US since the Jim Crow and segregation laws were ended.

“It is the reauthorization of a deep kind of patriarchy and sexism that mainly has been in existence as white supremacy but that had been pushed to the margins as kind of a culture of moderate constraint,” said Rose. “That apparently is completely not the case any longer. Not just in terms of policy but in terms of appointments, in terms of who matters, and its terms of the conversation about gender, not just individual policy.”

Rose encouraged the crowd to embrace King’s ideas



Keynote speaker Tricia Rose speaking at the MLK Brunch. Photo by Joseph Tucci.

about connecting people of all backgrounds, being against war, and economic justice in order to survive in modern times. She also encouraged individuals to use resources from all ideologies in order to be informed.

According to Rose, society supports “structural racism” that works to isolate minorities and prevent them from gaining as much power in society as whites. This, she says, happens through wealth gaps, housing opportunities, disparities in job hiring and in the justice system, and having only minorities blamed for their poor conditions instead of all of society.

“The system rewards some people significantly more than it does other people and it’s built into policy practice

and institution to produce basically an array of dynamics that normalize and legitimize communitive and chronic adverse outcomes for people of color,” Rose said. “[These dynamics affect] economic outcomes, social outcomes, political outcomes, and educational outcomes. When we have a society that continues to support that, it speaks to the kind of racism of which Jim-Crow was only one iteration.”

Rose advocated for attendees to protest using non-violent civil disobedience like the marches have that occurred since Trump took office, and by supporting things they fear will be destroyed under the Trump administration. She recommended reading *Indivisible*, which is an online guide writ-

ten by former congressional staffers for resisting the Trump agenda.

Senior Keyshana Dupuy challenged the “Not My President” movement, stating that she found it to be divisive, even though she supports people standing up for what they believe in. Rose responded by linking the “Not My President” movement to the “Birther” movement under former President Barack Obama and said the reason for the movement is because Trump’s presidential campaign had the most vitriol and hatred out of any in her lifetime.

“I think it’s amazing what we’re doing with the [protests.] I just want to know if us going against our president before even allowing him to make a big mistake that says

that he can’t be our president is messing us up. But [Rose] made a good point in saying that these a difference in disrespecting the actual presidency, the White House and the government, versus saying I don’t agree with him and his actions, so he is not my personal president,” Dupuy said.

English Professor Victoria Devries, who brought her students to the event, found it very educational and says that she encourages other professors to bring their students to “similar” events.

“It’s a no-brainer to [attend this event.] This is so stimulating to the students we get a lot of mileage out of it, from an instructional standpoint and from the student’s point of view. There should be more of these things,” Devries said.

Environmental Club is Growing The Future

ALEX MEISTER
Featured Writer

The Environmental Club held a ribbon-cutting ceremony for the opening of their new Hoop House, which will be used to grow food for the Pace, at the Environmental Center on Fri., Feb. 3.

The idea for the Hoop House originally came from an Alumni during 2016’s spring semester. Its inception began after the Environmental Club came into existence and received funding from the university.

“The whole idea for this Hoop House project came to be when a now graduated student spoke with one of the professors here at the nature center

“We plan on growing a variety of fruits and vegetables to share with the Kessel Student Center so that other students can have fresh locally grown food to eat.”

– Elizabeth Piper Phillips
Environmental Club president

last spring,” Environmental Center Director Angelo Spillo said. “So the Environmental Club was founded, worked out a deal, and the university donated a couple thousand dollars to get the project underway. They worked on constructing it this past Fall and completed it not too long ago.”

A Hoop House is like a greenhouse, but instead being made out of glass, it is made out of plastic. The club plans to use it to grow food for the Pace community to eat. They hope to grow tomatoes and the various other toppings used at the Setters Grill station in Kessel.

“We plan on growing a

variety of fruits and vegetables to share with the Kessel Student Center so that other students can have fresh locally grown food to eat,” said Environmental Club president Elizabeth Piper Phillips. “We also know that at least one registered class next semester will be using the Hoop House and hopefully more to come.”

Freshman John Watson believes this is a great idea for Pace, however, he fears it will be difficult to maintain.

“I think that’s a great idea and all, but I’m hesitant with putting all our effort behind it, what with needing a group of people to inspect the food and maintain the greenhouse,” Watson said. “If it does work, though, that could be yet

another cool thing about Pace: we grow and eat our own produce.”

The event was later brought inside for refreshments and to show off the new environmental classroom on campus installed not that long ago.

The club itself has been known to hold events for the community that encourages the cleaning up of the ecosystem in the local area. It has been doing so for two years now and plans to continue doing so in the future.

The club plans to host more events in the future to help promote the importance of protecting the environment at the new facility. One such event that they mentioned was a hoe-down next fall.

Book Review: Letters to Dr. Wiggy

JAMES MIRANDA
Copy Editor

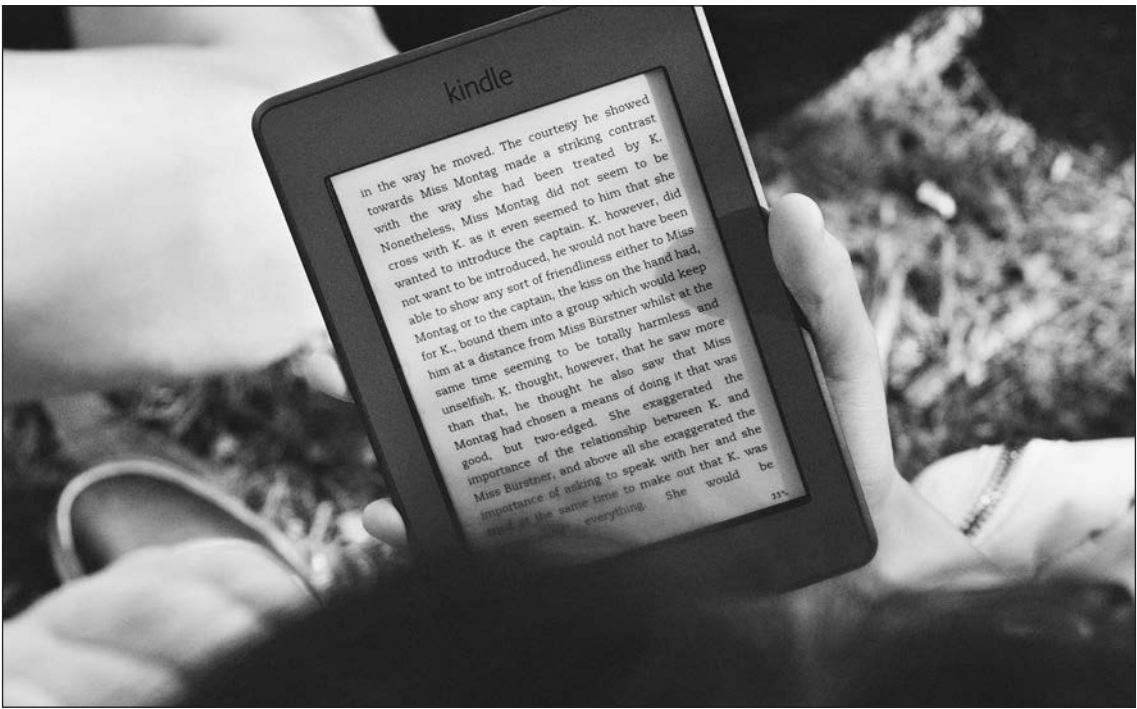
Retired Pace professor Dr. Ellen Mandel’s first book *Letters to Dr. Wiggy* is a look into her effort to help her close friend and Pace colleague Dr. Susan Maxam during her chemotherapy.

The book, however, isn’t so much a typical book as it is a collection of emails sent from Mandel to Maxam. And that’s exactly what *Letters to Dr. Wiggy* is: a collection of emails.

There is no clear narrative and is more like a book of short stories that may be funny to those that read it solely for reading it. And that’s how it exists without the preface that is nodded to in the acknowledgments and foreword but not embellished in the book.

With the context, however, the book represents more than just a collection of emails between two friends. It captures that everyday theme of friendship and inspiration that can be seen throughout most people’s lives.

Maxam, or Dr. Wiggy,



had to undergo surgery—a double mastectomy—two weeks after being diagnosed with stage two breast cancer and underwent a six-month long chemotherapy in 2012. Mandel decided to help her friend of nearly a decade and a half by sending funny everyday stories to her.

Virtually every day for six months Mandel

emailed Maxam about her funny everyday happenings regarding her family and two grandchildren whom she spoils plentifully, how she was rushing to work one morning and applied mascara instead of lipstick to her lips while driving, or how she was crying at funeral under the pretense that it was her neighbor’s father but was actually a funeral for

someone she hadn’t known at all.

Mandel, or Dr. Piggy as she refers to herself in the emails, also opens up a little about many of her personal insecurities such as her weight, an anxiety whenever she travels, and ultimately the beginning of her own battle with leukemia.

The book’s broken

down into nine chapters and each chapter sets the theme of the emails included such as pets, travel, children and grandchildren, and holidays. Mandel proceeded to include select emails that applied to the theme.

All the emails are not present in the book (considering they span six months), however, and it’s only comprised of emails Mandel wrote and not Maxam’s responses, which seemed like there was a piece missing from the certain stories.

Stories such as how Mandel discovered that she was diagnosed with CML (chronic myeloid leukemia) would have been more impactful and sincere if Maxam’s reactions were present and the conversation was captured.

Letters to Dr. Wiggy is definitely worth the read if you’re a Pace student who knows Mandel or needs some inspiration and a laugh at everyday things that happen to everyone. But the lack of context regarding what the emails really mean can obscure the book to outsiders.

Why Are We So Obsessed with Reality TV?

JANINE JONES
Copy Editor

Whether you’re a reality television fiend or someone who has sworn off the entire TV genre, chances are that you’ve watched at least one episode or heard people in your life discussing it. From *The Real Housewives* franchise to *Dancing With the Stars* to *The Bachelor*, reality shows pique some sort of interest for viewers at home. Even with a large variety, people tend to group them all together and have a relatively negative association to reality TV.

It’s true that the genre has a bad reputation, but there’s something about it that keeps the people coming back. Studies show that Americans spend one-third of their free time watching TV shows and that 67 percent of those shows are reality TV. So, what is so great about these shows?

One simple answer is that we love the drama and entertainment. Though it is not the carefully crafted, scripted and directed drama that you’d find in traditional television shows, people still get the same amount of entertainment from it. Reality show have their own kinds of plot twists and cliffhangers that leave their audiences stunned. From fistfights to table flips to who didn’t receive a rose, one can’t help but be interested in what comes next and glad that their lives aren’t that chaotic.

Up until now, psychology scholars have been divided on why people like reality television so much. Some say that the shows’ appeal is an extension of fictional drama, and prompts positive feelings like empathy and compassion. While others claim that viewers have a voyeuristic desire to intrude on other people’s lives and see them at their most embarrassing moments.

A recent study done by Michal Hershtan Shitrit and Jonathan Cohan from the University of Haifa in Israel tested the different perspectives. They found that the more participants said they enjoyed shows, the more likely they were to say they would or have a loved one who would like to participate in those reality shows.

Overall interest in participating was not very high, but surprisingly, approval of family members’ participation in reality shows was higher than the desire for self-participation. Shitrit and Cohan concluded that “humiliation is not the central motivation, which must rather be empathy.”

So in short, another reason people love reality television is that audiences feel for the people on these reality shows. Whether viewers feel like in another life they could be friends or they feel like a person could use a punch in the face - they are feelings and they are valid.

In this genre of television, there are some shows that



exist and people don’t know why, yet millions of people still watch. In this case, one can be lead to believe that you can get a TV show, become famous, and have no real talents. Which is the cause for another reason for people to love reality TV, maybe it could happen to you.

“The message of reality television is that ordinary people can become so important that millions will watch them. And the secret thrill of many of those viewers is the thought that perhaps next time, the new celebrities might be them,” said Steven Reiss of *Psychology Today*.

What reality TV shows are you currently obsessed with, and why?



Nick and Andi on *The Bachelorette*. Photo courtesy of TVGuide.com

Lady Gaga’s Epic Super Bowl Halftime Performance

JANINE JONES
Copy Editor

Sunday night was one of the biggest nights for television. Why, you ask? Because of the Super Bowl, the night where everyone agrees to come together and not complain about commercials, watch a 12 minute concert, and see some football get mixed in there.

In recent years, Super Bowl has become more about the iconic commercials and halftime performances and less about what happens on the field, and I’m not one to complain. Especially when we were blessed enough to have the one and only Lady Gaga perform for halftime. If you are a fan, you saw the behind the scenes videos that were released leading up to the big day where you see Gaga rehearsing and planning out her performance, which resulted in a buildup of excitement.

After five months of waiting, Lady Gaga’s Super Bowl halftime show finally happened, and it was EPIC. Her performance, which she

dedicated to her Little Monsters (fans), was everything and more. She started out on top of the stadium in a glittery bodysuit singing “God Bless America” with red, white, and blue stars behind her. Which, despite current circumstances, made me feel so proud to be an American.

Then she jumps from the top of the stadium and flew down to a tower where she began to sing “Poker Face” and encouraging the crowd to sing along. Just as the song is picking up it then morphs into “Born This Way” where she jumps down to yet another stage and joins her backup dancers. During this song, pyro was shooting up from the floor while Gaga and her dancers were dancing in unison to an anthem about acceptance and self-love - it was perfection.

Next up was “Telephone” where the world secretly wondered if Beyonce would make a surprise appearance following the recent pregnancy announcement. In case you didn’t watch, SPOILER ALERT: Beyonce was nowhere



Lady Gaga performs at Superbowl. LI Photo courtesy of Facebook.

in sight. Then with a keyboard strapped around her neck and a gold studded jacket, Gaga brought us back to the beginning with her breakout hit “Just Dance”.

Bringing it back to the present, sitting behind a piano under dimmed lights, Lady Gaga slowed it down and sang “Million Reasons” from her new album, Joanne. I was hoping that she would sing this song and when she did my eyes got all misty, my wish came

true, my life was made. There were swaying golden lanterns and what seemed like a million shining stars during her performance. Then she reminded us that she was in fact human, instead of an infinite being with the voice of a powerful angel, by saying hi to her mom and dad in the middle of the song.

For her final song, Gaga performed “Bad Romance” complete with a costume change into a white crop top and sparkly shorts and per-

fectly synchronized monster choreography. Right before the song was over, she hops atop another platform as balls of fire shoot up in the air behind her. When she finished the song, Gaga did a literal mic drop and jumped in the night sky like the ultimate superhero of all of our dreams combined.

For those 12 minutes, I was honestly and truly living my best life. Her performance was amazing and we mere humans were not deserving.

Amazon’s New Series Reveals Zelda Fitzgerald’s Life in Full

JANINE JONES
Copy Editor

People who have heard the name Zelda Fitzgerald typically associate her with being the original “It Girl” of the Jazz Age. Along with being a beloved socialite that was married to one of the top authors of the time, F. Scott Fitzgerald, she was also a very talented writer herself and many of her writings were “inspiration” for her husband’s books.

Following both of their deaths, Zelda Fitzgerald has since gained a reputation as the crazy wife through his writings.

The world’s been more interested in Zelda’s story, lately, following the release of multiple books that are imagined renderings of the two writers’ relationship.

One of the most popular is *Z: A Novel of Zelda Fitzgerald* by Therese Anne Fowler, which Amazon made into a series called “Z: The Beginning of Everything.” The series’s title is inspired by the quote, “I love her and that’s the beginning and end of everything,” from *The Great Gatsby*.

“I had come to the project with the idea that she was just F. Scott Fitzgerald’s crazy, disruptive wife,” Fowler said in an interview on US radio about the book in 2013. “I didn’t really know anything about her. And very quickly I recognized that she was very badly misrepresented in popular culture. The more I learned, the more compelled I was to set the record straight – it became kind of a mission.”

The series is portrayed in *Zelda’s* perspective and covers how the pair met, the early stages of their relationship, and their life together as a married couple. You are also shown aspects of southern small town life in the early 1900s, like country club parties and there are also a lot of images of the typical northern big city parties that are



Christina Ricci as Zelda Sayre Fitzgerald and David Hoflin as F. Scott Fitzgerald “Z: The Beginning of Everything.” Photo courtesy of Amazon.

filled with gin, debauchery, and jazz music.

Zelda Fitzgerald (née Sayre) was born on July 24, 1900, in Montgomery, Alabama to a judge and a homemaker; she got involved in ballet at a young age and continued it into her teens, often performing at local balls. She met F. Scott Fitzgerald the summer of her eighteenth birthday when he was a lieutenant in the army, stationed at Camp Sheridan with plans of becoming the next great author of the ages.

After the war, he proposed to Zelda and asked her to come with him back to New York, but concerned about his

ability to take care of her, she declined his offer until after the manuscript for his first novel, *The Other Side of Paradise*, was accepted for publication in 1920.

Before Zelda’s arrival in New York, the two had carried on their relationship through letter correspondence. F. Scott used Zelda and words from her letters for the heroine in his first novel, *Rosalind Connager*.

In the series, when Zelda finds out she thinks of it as a romantic gesture and following this revelation F. Scott continues to use her diary entries and random musings as “material” and

“inspiration” for his novels.

A notable scene from the series was when the two lovers had moved out to Great Neck so that he could work on his long-awaited second novel and they decide to throw a party. F. Scott invited his publisher and instead of showing the publisher his own writings that he had been working on, he decides to share Zelda’s diary because he draws so much “inspiration” from them and hides his own writings in the desk drawer.

After the publisher reads her writings, he expresses his interest in publishing her work. While Zelda is excited and is all for the idea, F. Scott opposes saying that her book would never sell because she was a woman and she can’t because he’s using it in his current works so the people would think she was plagiarizing. She becomes angry realizing that her words will be passed off as original and genius work done by her husband, but still decides to comply to help his career.

This anger leads to bitterness in Zelda Fitzgerald that may have led to her decline in mental health being as though she was obviously the more creative one of the two, but didn’t feel like she could act upon that talent and creativity because her husband staked a claim on them due to their marital status.

“Stories of Zelda’s fragility, and ultimately her demise, leave out one critical fact: There is no F. Scott without Zelda,” Sociologist Heather Laine Talley said in a Huffington Post article. “The historical record is clear. Scott’s stories relied on Zelda’s own writing, but Scott’s role in Zelda’s ‘crazy’ is conspicuously absent from public memory. The ‘crazy’ Zelda that has emerged in our popular imagination is as much Scott’s making as *The Great Gatsby* itself. This is, in and of itself, part of the F. Scott legacy. His work depended on Zelda’s silence.”

The Guys You Meet on Tinder: Westchester Edition

MICHELLE RICCIARDI
Editor in Chief

The term “dating” is constantly evolving over time. As someone who recently started to date again after ending a long-term relationship, I realize that we live in a world where everyone refuses to commit because they are waiting for someone “better” to come along or afraid of feeling vulnerable.

Social media plays a big role in providing temptation because of its quick accessibility that feeds our desires for attention (which we often confuse for affection/real feelings). Thus, hookup apps, like Tinder and Bumble to name a few, were born.

I had always been completely against hookup apps and online dating. However, many of my friends have been using them for years, and one friend even met her future husband on Tinder. Still a skeptic, I decided to try a social experiment to prove why Tinder is a waste of time.

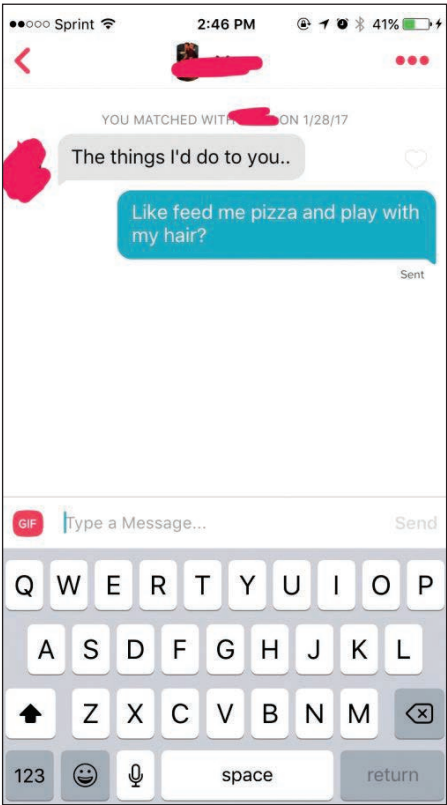
So, I downloaded the app to see if everyone on there was just a f*ckboy or if there are any decent guys.

The first step was creating my profile. If I was going to use this app for this story, why not have a little fun with it?

In three days I matched with more than 70 guys between the ages of 21-35. Here are some of my encounters:

The Athlete

This guy has one regular picture and about five of himself in his uniform, with mostly action shots of him either



throwing, kicking, or catching something or just standing out there on the field.

The One-liner

He comes at you aggressively and holds no punches.

The Dog Lover

This only works if he's as cute (or cuter) than his four-legged friend.

The Group Photo Guy

He has six group shots all way too far away for you to figure out, “which friend are you?”

The Ex

Whether he's someone you dated briefly or long term, in the wise words of Queen Bey, swipe “to the left, to the left.”

The Desperado

This guy doesn't give up easily, even days later when

you stop answering.

The Guido

He's tanned, toned, and tatted and has a star shaved into the side of his slicked back hair. He probably peaked in high school. #GTL

The Old Guy

His profile says “32” but his face and receding hairline scream “40.”

The Juice Head

He's shirtless in the mirror flexing, drinking a protein shake, or staring at his veiny biceps while he's mid bicep-curl. #DoYouEvenLift?

The 0-100

This type of guy took it way too far too

quickly, dropping lines anywhere from “How long until we're dating” to the classic, “What do I have to do for you to sit on my face?”

The Frat Star

He's decked out in head-to-toe Vineyard Vines with a pair of Sperry's to top it off. He's posing between two of his best bros holding a cold one or sailing his boat. Right on, brah.

The Dominant

He's some stalker-type with a picture of a girl with a rope around her neck, just trying to get his Christian Grey on. Somehow, I feel like swiping right to this would be the first step to being kidnapped.

Last but certainly not least, **The Nice Guy**

He's a rare find in this sea of creepiness, but he

exists. He's actually down to earth, doesn't drop cheesy pickup lines, and is easy to talk to and have a real conversation.

There are most certainly f*ckboys (a lot) and guys who just want to get in your pants, but they're everywhere in the real world and not just confined to online dating/hookup apps. My biggest problem with the app is that it allows you to be even more mindlessly shallow than normal. I found myself swiping left if I didn't like a guy's hair color, height, and even his name. I swiped left so many times that Tinder threw in a female profile once in awhile like, “are you sure?”

I think the biggest lesson I've taken from this experience is not to be so judgmental about the people who use these sorts of apps and not to judge people so quickly based on appearance or age. It was not just the younger men in my age range that sent me strange messages. Overall, some of my matches were decent guys.

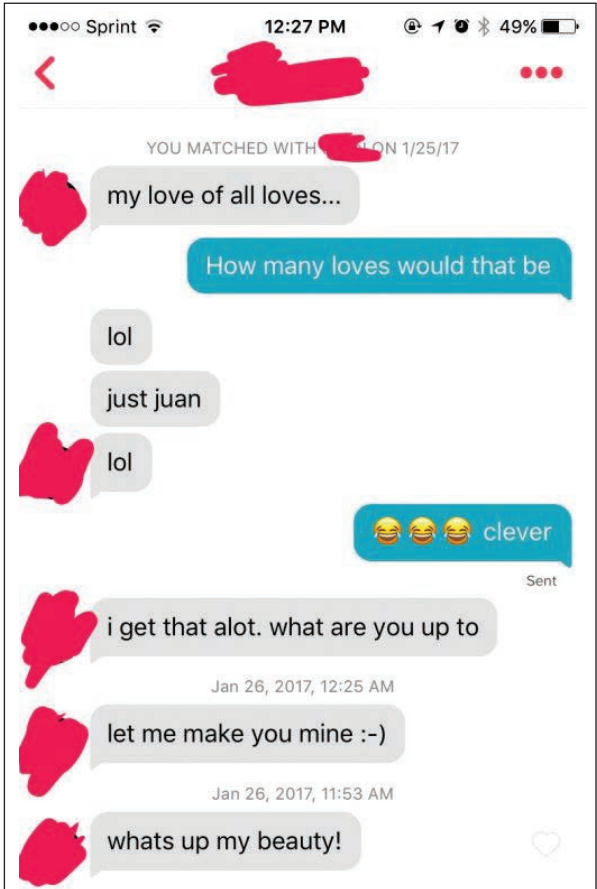
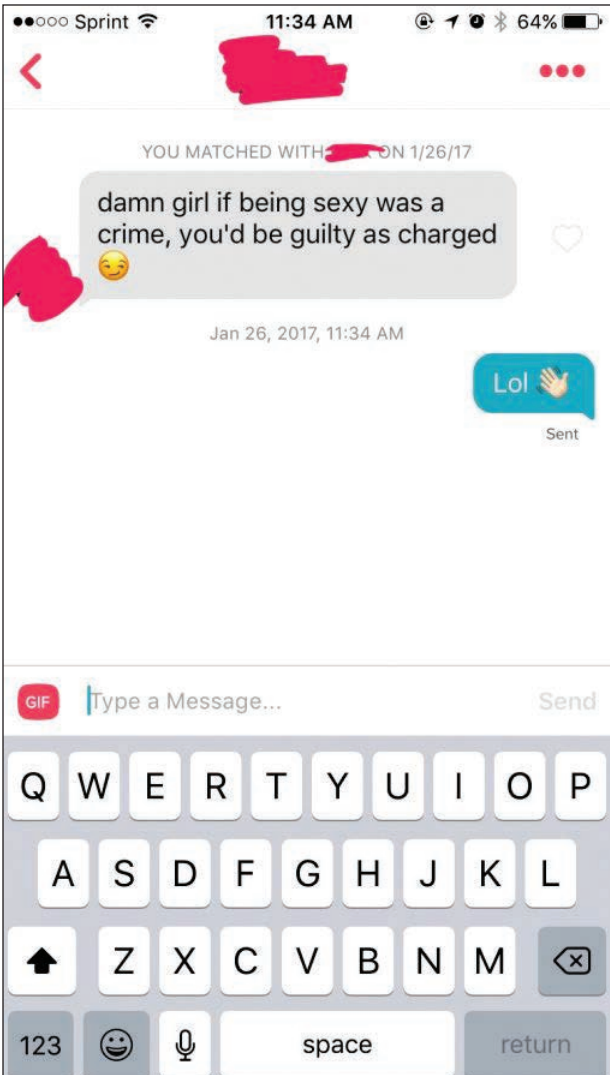
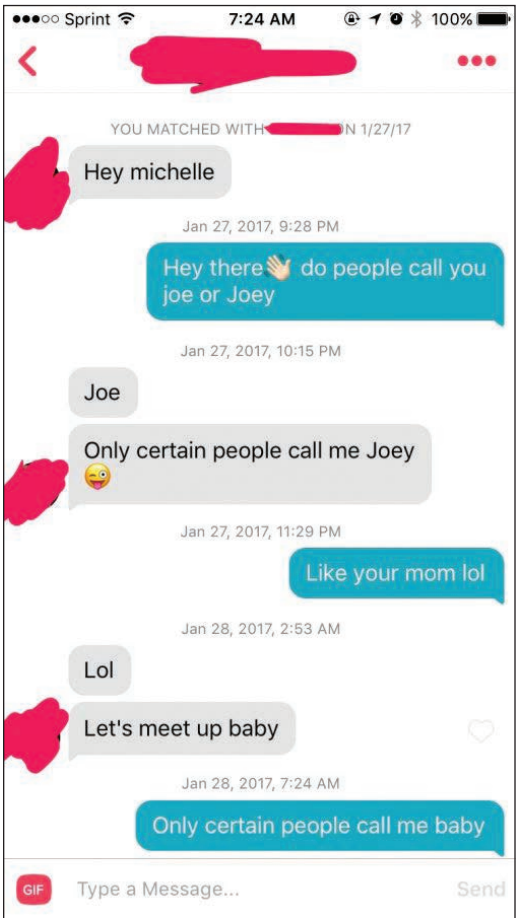
However, I'm a firm believer that whether you're looking for a one nightstand or something more that it is more ideal to put in a little effort and speak to someone face to face.

Our generation is constantly hiding behind a screen and relying on texting

and social media to communicate. We even ignore real life conversations and divert our attention from people we spend time with to look at our phones.

It is time to get back to the real world and put down the phones. We already live inside our screens and pass people that are interesting and good looking all the time but we're too consumed with technology to notice; always trying to find the next best thing instead of seeing what's already in front of us.

Go over and say “hi” to that cute guy at the gym. Go start a conversation with that girl in the bar. Whatever may come of it, it's time to bring back the art of conversation and human interaction instead of just waiting around for someone to fall into our laps or slide into our DMs. Otherwise, you might miss out on something great.



Did Pace Students #deleteuber?

ELISE ADAMS
Feature Editor

Last weekend, in response to President Donald Trump's 90-day immigration ban, thousands of protestors gathered at New York City's JFK Airport to protest the people detained.

The New York Taxi Workers Alliance (NYTWA) Twitter account sent out a tweet that stated "NO PICK-UPS @ JFK Airport 6PM to 7PM today. Drivers stand in solidarity with thousands protesting inhumane & unconstitutional #muslimban."

Shortly after the NYTWA announced their strike, Uber announced that surge pricing—higher fares, sometimes three times the original cost, at busy traffic times—would be turned off near JFK.

Uber's tweet stated, "Surge pricing has been turned off at #JFK Airport. This may result in longer wait times. Please be patient."

Uber users everywhere quickly became furious and #deleteuber became trending within the hour.

Users felt that Uber was trying to profit from the taxi drivers' strike during a time where people were uniting to protest the immigration ban.

Pace junior Caroline Ver Planck deleted her Uber account after seeing what the

company chose to do in a time of national difficulty.

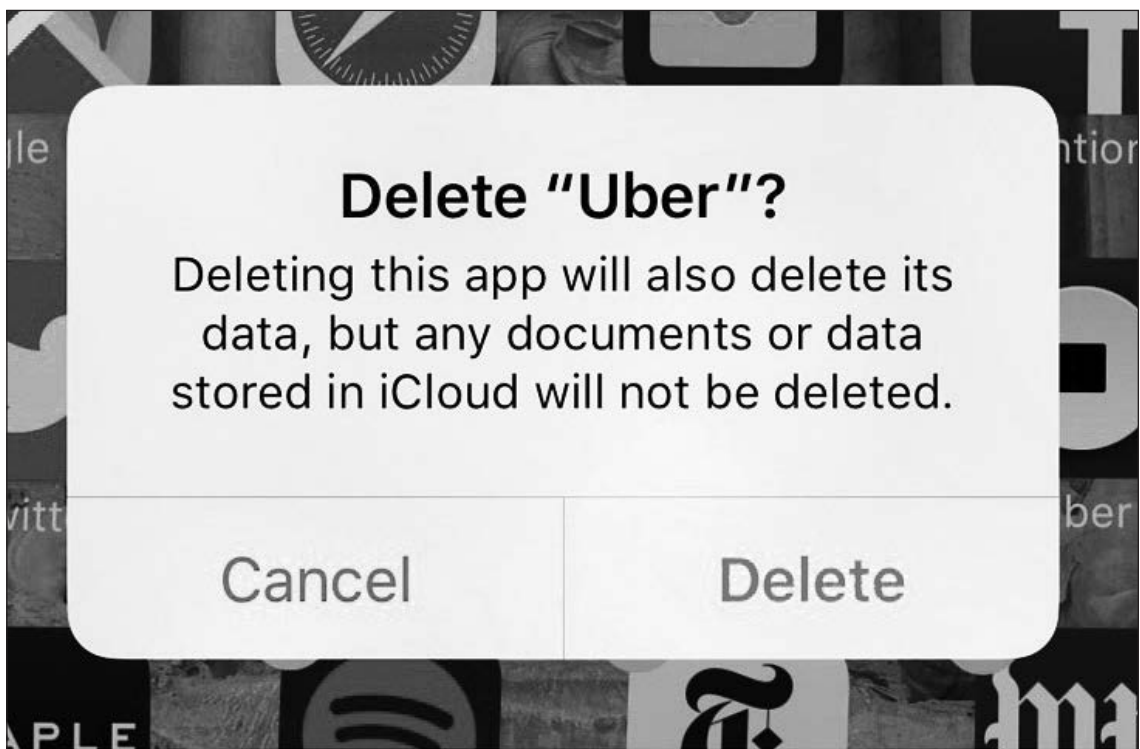
"I chose to delete Uber because of both their ties with President Trump and their response to his executive order last week," Ver Planck said. "The Uber CEO, Travis Kalanick, is on Trump's advisory committee, along with the fact that they tried to profit off of the travel ban. While other companies seized the moment to protest this discriminatory ban, Uber used it as a way to advertise and make a profit off the protests at JFK."

Ver Planck believes that by joining the 200,000 other people that deleted their Uber accounts, they are standing up together and willing to voice their opinion.

"Obviously, me deleting my account does not fix the travel ban but it sends a message to Trump and Uber that over 200,000 people are upset with their actions," Ver Planck said. "Similar to a protest or an online petition, it is showing that I am against this company and their beliefs."

The communications major was a frequent Uber user, using the app about two times per week. She will not redownload it, solely because she thinks their competitors had a better response to the issue.

"I use Lyft solely now because not only do they have



Deleting Uber. Photo by Elise Adams.

better prices and support their drivers, but they immediately responded against the immigration ban, supporting their drivers and riders along with donating a million dollars to the ACLU (American Civil Liberties Union)," Ver Planck said.

Josie Lovallo, also a junior, did not delete her Uber account.

"I just didn't think that Uber was trying to split up the strike or the protest," Lovallo said. "I think there were a lot of people at JFK without rides, so Uber turned off their surge

price so people who were using transportation apps like Gett, Lyft or Uber were more likely to use Uber since it would have been cheaper."

After #deleteuber started trending, Uber released a statement that said, "We wanted people to know they could use Uber to get to and from JFK at normal prices."

"I'm glad they made a statement letting people know they were not trying to break up the strike, but give people who needed rides affordable rides," Lovallo said. "I understand why people did delete the

app, but I just don't think Uber had any bad intentions dropping the surge price, but that's just my interpretation of it."

Kalanick quit Trump's council of business leaders and notified his employees he spoke with Trump in response to the #deleteuber controversy.

"I let him know that I would not be able to participate on his economic council," Kalanick said. "Joining the group was not meant to be an endorsement of the president or his agenda, but unfortunately, it has been misinterpreted to be exactly that."

David Rahni Re-Elected Chair of Faculty Council

JOSEPH TUCCI
Managing Editor

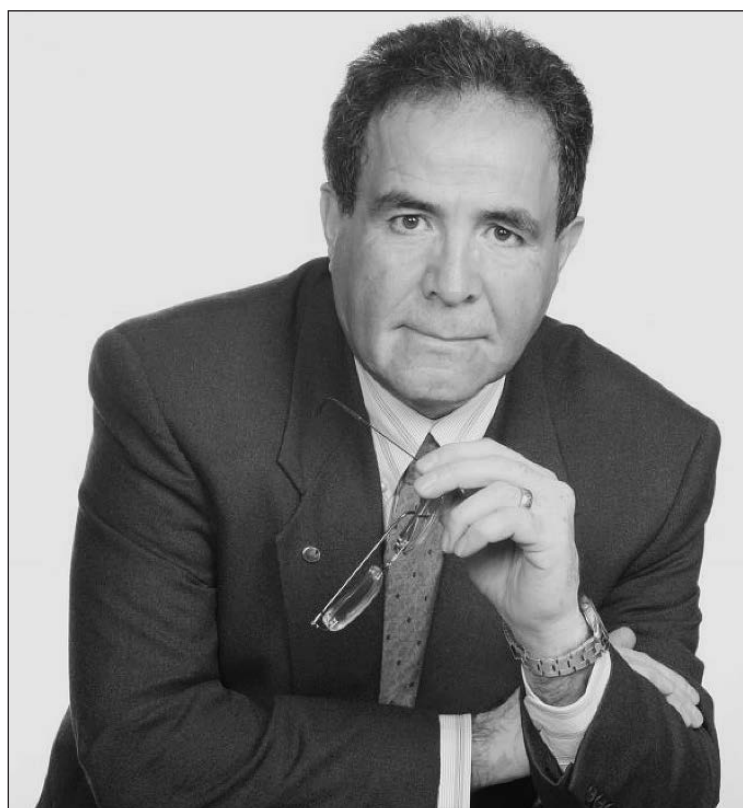
Pace's Faculty Council has re-elected Chemistry Professor David Rahni as its Chair and Co-President of Joint Faculty Councils of Pace for the third time, he plans to use his role for the benefit of all of Pace's community and to overcome the challenges the institution faces.

During the election to choose a new chair, Rahni expressed his support for his competitor Joseph DiBenedetto, however, Rahni was chosen over him anyway.

"[I said during the election] I hope Joe gets elected and if he does I would happily help him, and if by any remote chance you elect me I will do a good portion of it, I cannot do all of it [by myself], it's too ambitious. And I sat down," Rahni said.

The chemistry professor, who has worked at Pace for over 30 years, credits his reelection to his past work with faculty and his large amount of experience with teaching, scholarship, and publication.

"I guess I'm blessed over time to have learned from people who are senior to me to really connect with people at all levels, from student level to



Re-elected Faculty Chair David Rahni plans on working for the benefit of all in the Pace community. Photo courtesy of David Rahni.

senior level, to mainstream, to immigrants, to an international audience, it's my asset, I enjoy it," Rahni said.

As Chair, Rahni's job is working with Pace's administration to make sure Pace remains a student-centric institute for higher learning, as well complying with external regulations, assess academics, setting and implementing policy, work-

ing with the Academic Deans in recruiting, promoting, and financially supporting faculty.

The Chair plans to negotiate with Pace's administration in order to increase the salaries of faculty to reflect their benchmark institutions, and so that they get a raise every year.

"Faculty Council leadership plays a pivotal role in steering the aspirations, fulfill-

ments, expectations and delivery of the faculty through students, scholarship, and service. Also by the same token, making sure the faculty receives an equitable and honorable part of the revenue pie in terms of their salary compensation benefit that is [on par] with their delivery and coincides rather well with our benchmark institutions," Rahni said.

This year Rahni challenged his faculty, made up of around 170 people, to complete 10 hours of governance service in order to meet challenges the university faces. These include hiring a new President and Provost and working on a departmental and divisionally master plan -which is what the university hopes to accomplish in the next five years in terms of students, majors, graduation, and resources.

Rahni is also in charge of ensuring Pace passes the Middle States' examination, which is a review of the school that takes place throughout 2017 to 2019, by a dozen peer and aspirant institutes, in order for it to be reaccredited. He is confident that Pace will pass, however, it will receive constructive feedback from the examiners.

"We have no reason to believe that Pace would not [pass.] We've seen schools that

are far inferior to us and were still able to pass it with flying colors. We definitely pass it with flying colors it's just a matter of us pulling our resources and our heads together," Rahni said.

The leader plans to use his role to work to increase Pace's admission standards as well as increase retention, enrollment, and graduation rates.

"With the new expanded and ultramodern physical infrastructure and residence halls in place, and the addition of a large cohort of brilliant junior faculty and students, we should further enhance our admission standards, retentions and graduation rates, and increase our student enrollment in Pleasantville that can [increase] from the current 3,700 to 4,250 in five years," Rahni said.

Rahni plans to create sessions where younger faculty interact with their seniors in an open forum, in order to be mentored as well as share their newer ideas with the older generation.

"This will be a nice cross-fertilization intellectually so we can prepare the way for career development and ultimately the younger faculty taking the role of leadership," Rahni said.

The Many Benefits of Probiotics

JENNA FEBBO
Health & Beauty Editor

Everyone has experienced the embarrassment of sitting in class and just after it becomes silent, your stomach starts up its own full-scale orchestra. Are you hungry? Did you eat something that upset your stomach? Do you have to use the bathroom?

These are all likely possibilities but if this is happening regularly, your stomach might be trying to tell you something and it is time to trust your gut.

If probiotics sound familiar to you, it is probably because they are found in most yogurts. Probiotics are bacteria; the good kind.

The National Center for Complementary and Integrative Health (NCCIH) defines probiotics as, “live microorganisms that are intended to have health benefits.” Your stomach is lined with trillions of good bacteria that help you digest your food.

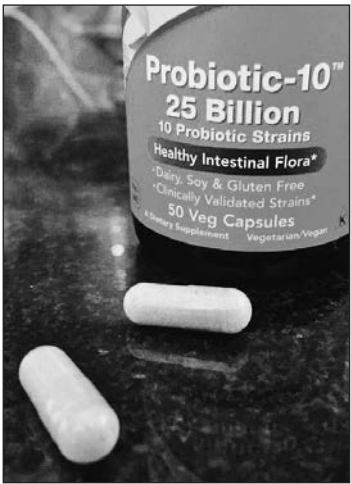


Photo by Jenna Febbo.

They play a key role in digestion and work to absorb nutrients and minerals, produce vitamins, and eradicate toxins.

There is a 3:1 ratio of good-to-bad bacteria, respectively, and it needs to stay that way for ideal health. When the good bacteria ratio dips, you experience stomach discomfort, gas, bloating, heartburn, constipation, and diarrhea. Crohn’s disease and Irritable Bowl

Syndrome (IBS) can develop in more serious cases.

Probiotics repopulate the good bacteria in your body and help regulate digestive health. While probiotics are not a complete solution for larger issues like Crohn’s disease or IBS, they can alleviate symptoms caused by these problems. There are several different types of good bacteria so not all probiotics are the same. Certain strains of them are used to lessen symptoms of IBS, Crohn’s disease, etc.

Probiotics are often recommended to people who are taking antibiotics for a period of time, and a week after they are finished with them. Antibiotics kill all bacteria in the body and can cause diarrhea because of it. Probiotics repopulate the good bacteria that was killed off.

Your skin, immune system, and your urogenital health are also affected by a deficiency in good bacteria.

The good bacteria also allows the delicate intestinal

system to stay in balance and it also does the same for the sensitive urogenital system. When off balance, however, the urogenital system can lead to infections like Urinary Tract Infections (UTI) and yeast infections.

A person who suffers from frequent UTI’s would benefit from probiotics. Good bacteria ward off bad bacteria from entering the urinary tract by populating its pathways.

Women who get recurrent yeast infections turn to yogurt, which is packed with probiotics. Yogurt and other foods that contain Lactobacillus, a good type of bacteria, increase the good bacteria and normalize the vaginal imbalance.

Yogurt, sour pickles, sauerkraut, miso, kimchi, kefir, and kombucha are some foods that are rich in probiotics. Implementing these foods into your diet can boost your immune system, help digestion, increase energy, and give you healthier skin.

Recent studies have found that it can even help with weight loss.

Probiotics can also be taken as a supplement. Women’s Health Magazine recommends taking supplements with Lactobacillus and Bifidobacterium because they are strained well enough for a clear path to the intestines. The recommended dosage for supplements is based on how many live organisms they contain and what type they are.

The NCCIH suggests that only people with irregular digestive health take probiotics. People with healthy digestive systems tend to see some side effects – some mild, like gas, or severe.

There is still a lot of information to uncover about probiotics and they continue to be studied regularly. The NCCIH recommends consulting your general physician before taking probiotic supplements.

How to Tell When Your Makeup Expires

JENNA FEBBO
Health & Beauty Editor

When you decide to buy an expensive foundation or eyeshadow palette, you probably aren’t thinking that you may have to throw it away after a year. Keeping makeup until it is empty seems like a no-brainer but the truth is, you shouldn’t. It is true and it is heartbreaking – your makeup does expire.

The easiest way to find out if your makeup is expired is by looking for the Period After Opening (PAO) symbol. It is usually found on the back of a product and looks like an open container. The symbol is labelled with a number followed by the letter “m,” which stands for months. If you see “12m” on a product, the shelf life for the product is 12 months after it is opened. PAO symbols can be found on beauty products, including skincare. Bianca Gizzo, a senior nursing student, has paid more attention to expiring makeup in recent years.

“When I was a teenager I didn’t care at all, but now that I’m older and care a lot more about how I take care of my skin, I definitely care and I am cautious of whether the makeup

I’m using is expired or not,” Gizzo said.

PAO symbols are not always found on products, which makes determining their expiration date impossible. Makeup.com, a website produced by L’Oréal Cosmetics, turned to makeup artist Ashley Rebecca for answers.

According to Rebecca, foundation and concealer should be thrown away six to 12 months after opening it. Liquid foundations are water based, which means they are a magnet for bacteria. It is important to keep them stored in an area that does not get too warm or humid like bathrooms do. If the product smells funky or if your skin has a bad reaction to it, toss it. Foundation also separates when it becomes expired, according to Rebecca, and the same goes for any other liquid product.

Powder and stick foundations have a longer shelf life, lasting up to two years. You will notice a change in color of concealer when they are expired.

Like powder foundation, face powders, like bronzer, blush, and setting powders, last for about two years. They should be stored in cool places

and closed tightly after use to avoid exposure to bacteria. The same rules do not apply with powder eye shadows, even though they are a powder product. Their recommended shelf life is three to six months, according to Rebecca. The obvious reason – they are in close contact with your eyes.

Bacteria can build up and can lead to sties and even pink eye. Throwing away a luxury eyeshadow palette after six months that still has plenty of product in it is not something anybody wants to do so Rebecca says to monitor your usage of it. If it causes eye irritation, it is probably best to get rid of it.

Eye products have the shortest shelf life. The good news – brow pencils and kohl eyeliners can last up to a year. The bad news – liquid eyeliner and mascara should be replaced after three to four months. The eyes and eyelashes are typically a very wet area so bacteria are easily transferred.

Lip products, like lipstick and lip gloss, can last up to a year, while lip liners can last up to two. Rebecca says the simplest way to spot an expired lip product is the smell and the texture. Clumpy and crumbly



PAO symbol on makeup product. Photo by Jenna Febbo.

lipstick and an increase in thickness of lip gloss are signs of expiration. For all lip products, closing the product tightly will increase shelf life.

To minimize the possibility of bacteria in cosmetics, cleaning brushes and sponges regularly is vital. They are home for all of that yucky bacteria and if not cleaned, they find a new home on your face. Makeup is an investment to many and throwing away

half-used products is not ideal. However, breakouts and infections are not ideal either.

“I wish I could say I notice a huge difference with my skin but I’m not sure I do,” Gizzo said. “I just don’t like to know that I have old, expired products on my face that could cause more harm than good for my skin.”

As disappointing as it is, it may be time to clean out your makeup bag.

Pace Women Attend the NYC Women’s March

Continued from page 1

major Alexis Torres marched because she believes in equality for all men, women, and races. She attended the march alone and was inspired by all the women who came together.

“The march was peaceful and well orchestrated and put together. I marched alone because I was not marching to be with friends. It was for my own personal beliefs, so I was more focused on the cause than the people around me,” Torres said.

Torres believes that change will never happen unless there is consistency, and has participated in many anti-Trump protests this year. “I marched because I am a minority in this country and also a woman. I felt the need to stand up for my

rights. I think the march showed everyone that the country is more united than ever. We are still going to have to fight for a very long time, but we are all taking a stand,” Torres said. Torres and DiPasquale marched for what they felt

was right and just for the people of the United States of America. Alongside 250,000 other people marching through the New York City streets, they helped to make history in New York City’s largest protest.

What You Need To Know About HPV

JENNA FEBBO
Health & Beauty Editor

You may have heard that the Human Papillomavirus (HPV) is the most common sexually transmitted infection (STI), but did you know that about 79 million people in the United States are currently infected with it?

That is more than the total amount of Americans living with Herpes and HIV combined, says the American Sexual Health Association. According to the Centers for Disease Control and Prevention (CDC), around 14 million people in the US become newly infected with HPV each year.

HPV is spread through intimate skin-to-skin contact, like through vaginal, oral, and anal sex with someone infected. If you are sexually active, you are at risk of contracting an HPV virus. In fact, most men and women will contract it during their lives. The good news is your body’s immune system can fight off a good portion of the 150+ viruses associated with HPV and you

won’t even know it. However, the HPV viruses that your body cannot fight alone can lead to genital warts and cancer.

Genital warts caused by HPV are treatable but may not disappear entirely. According to the CDC, if left untreated, genital warts may stay as is, go away by itself, or spread. In rare cases, HPV viruses can also cause cancer, including, cervical, vaginal, penile, anal, vulva, and even a type of throat cancer called oropharynx. The CDC says that HPV causes cancer in 30,700 men and women in the United States every year. There are precautionary measures that exist for both men and women.

You might think that using a condom during sex would be an effective measure but that is not true. Condoms cannot prevent HPV because they do not cover all genital skin. The most operative way to prevent it would be with an HPV vaccination. While it does not give full protection against HPV causing cancers and genital warts, the HPV vaccine comes fairly close.

There are currently three

types of FDA approved HPV vaccines – Gardasil, Gardasil 9, and Ceravix. Each vaccine comes in a series of either two or three doses over a period of six months, depending on the age of the patient. The recently revised recommendations made by the CDC call for males and females from ages 9 to 14 are recommended a series of two doses, while males and females from ages 15 to 26 are recommended a series of three doses. To be most effective, an HPV vaccine should be administered before potential exposure to the virus – so before a person becomes sexually active.

Rachel Krawsek, a senior Digital Filmmaking major, was recommended the vaccine by her general physician.

“My doctor recommended it to me before I went off to college,” Krawsek said. “I don’t get shots unless they are mandatory or recommended by my doctor.”

It is imperative that both males and females are vaccinated. In a study published this month by JAMA Oncology, 1,868 men were tested in 2014-



Courtesy of Pixabay.

2015 between the ages of 18 to 59 and 45.2 percent tested positive for an HPV virus. Nearly 25% tested positive for a cancer causing HPV virus. Even after being vaccinated, women should get regular cervical cancer screenings, like a pap test or pap smear.

The HPV vaccine is strongly recommended but not mandated by doctors. The newly revised CDC recommendations have prompted 69 of the National Cancer Institute (NCI) centers, including St. Jude’s Children’s

Research Hospital and John Hopkins Medicine, to publicly support them in a joint statement released at the beginning of January.

“As national leaders in cancer research and clinical care, we are compelled to collectively call upon parents and health care providers to increase vaccination rates so our nation’s children don’t grow up to become cancer patients,” the statement read.

For more information on HPV, visit: <https://www.cdc.gov/std/hpv/stdfact-hpv.htm>

OPINIION

Trump’s Conglomerate Dominion Over the U.S. and Globe

DAVID N. RAHNI
Contributor

While I share with many the ever intensifying concerns that Donald Trump’s actions are influenced by his business interests, my focus herein is on the [Muslim] immigration ban.

This ban puts at risk the national security of this country, since it will help recruiting carried by ISIS and Al-Qaeda.

Since 2011, we have in place a strictest vetting process for entry into the U.S. It is a very long and multijurisdictional process that can drag as long as 3-5 years for temporary visa, and up to twenty years for permanent residency or refugee status. Trump’s executive order on ban is essentially the same as above, except he has added the racism element against Muslims and anyone perceived as Muslim.

Trump has pandered to the worst elements of this country promoting intolerance of Muslims and their religion. The safety, security, and equal opportunity of 50 million naturalized Americans and their U.S. born children have all been threatened by the bigotry and fanaticism, encouraged by the Trump Administration.

Many Americans of Iranian heritage as well as those from other largely Muslim countries are even seriously considering to immigrating to Canada, Switzerland, or the Scandinavian countries. It is imperative that the courts and Congress provide the proper checks and balances to prevent the Trump Administration from taking this country in the wrong direction.

The total number of Iranian-Americans and their U.S. Born children and relatives, as well as student, tourists, scholars and business Visitors from Iran, is substantially larger many folds than the sum of the six remaining counties on the “ban” combined.

Among the many sectors within



Mythological Persian Simorgh bird.

the American society adversely impacted by Trump’s “immigration ban,” the one million Americans of Iranian heritage and their families are impacted most severely. They can no longer travel to their country of birth or ancestry, where most still have close family and cultural ties.

Furthermore, their families from Iran can’t visit with them in the U.S. either. It is very painful for an Iranian grandmother not to be able to visit her American grandchildren for a short while.

This is a misguided and inhumane executive order, antithetical to American values. The executive order doesn’t promote national security but serves to fragment families, intimidates educated and productive Americans to leave our country, and deters highly educated foreign nationals, many from Iran with large capitals, from considering to immigrate to the U.S.

The Trump Administration should

not be allowed to violate the constitutional rights of the nearly 50 million recent immigrant naturalized Americans and their U.S. born children. Does President Trump really want to make America great? If so why is he working to destroy families of very productive and law abiding immigrants as the Iranian-Americans and their U.S. born offspring?

What is great about this country is the outpouring of opposition by Americans to Trump’s “ban” and his other ill-conceived executive orders. This has been expressed by millions through demonstrations, petition drives, calling elected officials in Congress, organizing political actions, filing lawsuits, etc.

Public opinion outside the U.S. mirrors the opposing reaction of many Americans to the executive order and other policies of the Trump Administration promoting intolerance.

Are Trump’s actions simply misguided or they are in reality driven by personal gain? Putin clearly would like the U.S. and the western world to be destabilized. Does Trump want the same outcome as Putin?

Is Putin holding Kompromat on Trump to blackmail him and by his extension compromise our national security, safety and sovereignty? One would hope not, but perhaps there are financial or other improprieties between the two heads of States?

Trump continues to fail to disclose his tax returns and avoids making his conglomerate and trust 100 percent blind. What specific illegalities is he afraid for the Americans to discover?

Trump policies in other areas also damage this already great country. He is pushing to weaken Dodd-Frank Act, and other laws such as consumer safety, and clean air water acts.

Finally Trump gives every indica-

tion of being psychologically unbalanced. This is in addition to, and above his megalomaniac, self-indulgent, egocentric behavior. Not the kind of individual who should be entrusted with nuclear weapons buttons, nor should one of his caliber or lack thereof, be entrusted with the leadership of this already great Nation and the world for that matter.

As the American Phoenix rising from ashes, its Persian mythological equivalent since antiquity rising from ashes, is Simorgh. Simorgh is a majestic bird enshrined in every Iranian psyche, which in essence is aesthetically composed of 30 birds ascending in unison and harmoniously as ONE.

This also conjures up the Latin phrase “E Pluribus Unum” meaning “out of many, one.” The latter is our American Motto since the nation’s founding in 1776, and as it is engraved on our money.

Simorgh has repeatedly been invoked in Shahnameh the 30,000 verse poem epic compendium the Persian Kings of over a millennium ago by Poet Ferdowsi (Paradiso.)

Before it is too little too late, We the People must rise and stand up united, put aside minor differences and legally take back our country via 100 percent voting turn outs; first the House and the Senate in two years, and the presidency in four years.

The U.S. as a nation has been loved by many world citizens, including millions of Iranians, who despite their government repressions spontaneously poured into the streets in millions to hold candle lit vigils in honor of those innocents killed by the despicable terrorist acts on September 11, and to cherish American values.

Unfortunately the Trump Administration doesn’t espouse American values. Our Nation deserves an urgent back-to-normal state of mind and equal opportunity for us all.

A Muslim Woman's Thoughts on Trump's #MuslimBan

NIHAL AL QAWASMI
Opinion Editor

When you grow up post-9/11 in America as a Muslim- it's very common for you to think: "it can't get worse than this." Yet here I am, practically 16 years later after a tragedy that took place when I was a mere toddler, and things are only getting worse.

It's important to keep that in mind as you read my piece because I want everyone to understand that these -- very valid -- feelings didn't just sprout when Trump became a front-runner for president. Not at all. In fact, they've been around since the vilification and isolation of Muslims in America -- which has always existed. The only difference now is that it's being glorified and justified, and no longer happening behind closed doors.

Trump (and everything that comes with him) is an exact representation of the problems that are deeply rooted within our country's history. This includes (but is not limited to) racism, homophobia, xenophobia, discrimination, and classism.

Heads up to the bigots and trolls: being open about these reoccurring issues doesn't make me any less American- it means I love this place enough to hold it accountable and want to fix it. Nonetheless, let's all take a minute to realize that I actually have to insert this disclaimer and justify my "American-ess" when exercising my first amendment rights.

If you didn't get the hint, what I'm trying to express is that American-Muslims are very familiar with the notion of not being welcomed here. We experience it in both micro and macro aggressions on a daily basis, we experience it in the uncomfortable stares, in the assaults, in the extra security measures at the airport, in the attacks on our places of worship, and now we're experiencing it further in laws that are indirectly promoting all of the above.

This "ban on Muslims" (which also affects immigrants that are here legally by the way) has absolutely nothing to do with national security, and everything to do with straight up discrimination. If this was about national security, then why does

the executive order give priority to Christian refugees coming from the same place also seeking asylum? Are you really telling me that some people are less deserving of a safe place to call home because they come from a different faith?

Where are the #AllLives-Matter people now? Do I need to remind you of the poem emblazoned the Statue of Liberty? "Give me your tired, your poor, Your huddled masses yearning to breathe free, The wretched refuse of your teeming shore. Send these, the homeless, tempest-tossed to me, I lift my lamp beside the golden door!"

You can't impose your imperialism on these countries, invade them, financially support their destruction, and then complain about innocent refugees that are literally fleeing for their life.

Similarly, you can't cast your vote for Trump and then sit back in silence as chaos unrolls from his hasty actions. In the end, we know exactly why you're silent, and it's because your privilege speaks for you. However, that doesn't make you



Anti-Trump protestors in Grand Central Station. Photo by Joseph Tucci.

any less complicit. I urge you to please sit back and reflect on this.

This past week has made myself and millions of others feel overwhelmed and terrified for the future. I'm pretty sure that's how refugees have been feeling for years -- unsure of how the political world is going to screw them over again. Did you ever think about that?

Furthermore, Muslims all over the world have been experiencing more emotions

and scattered thoughts than we can handle and plenty of threats and attacks. And I don't say this because Muslims want your pity -- nay, everyone affected by this wants justice, genuine support, and allyship. So educate yourself, spread the knowledge to your local reps, break through your privileged bubble, advocate, speak up, and protect each other. And lastly, do not further normalize hate and discrimination - instead, unlearn these habits.

Standing In the Middle of a Divided Country

MICHELLE RICCIARDI
Editor in Chief

Where do you go when the country is divided and you're stuck somewhere in the middle?

It's a scary time to be an American. Regardless of your political preferences, both the liberals and the conservatives are angry and outspoken for one reason or another and the internet is readily available for any nut job to go off on a politically charged tangent.

People from all around the world are protesting for all sorts of reasons: Human rights, women's rights, prolife rights, pro-choice rights, gay and transgender rights, and for or against our new leader. And now the travel ban, which had prohibited legal U.S. residents (green card holders) from returning home last weekend.

There's nothing wrong with nonviolent protest; the American Revolution sparked and the United States of America was born after tax protesters dumped tea into Boston Harbor.

However, the unknown and the chaos is scary. What do we believe? How do we hold onto hope without destroying our humanity in the process? If you support some causes but not others, what does that make you?

The labels that we attach to generalize groups are not always accurate and they are damaging to the messages that people are trying to relay.

You can be a feminist while being anti-Hillary. You can be pro-choice and pro-Trump. You can value and sup-



port the lives of police officers and march with Black Lives Matter. You can want safety and national security without discriminating against an entire religion.

Why are we labeling everyone based on the beliefs or causes that they stand for? Why are we constantly pressured to choose a "side" or assigned one by those who don't choose to listen to ideas because they don't go hand-in-hand with their own? If we are for something, why is it automatically assumed we are against something else? Why can't we have productive conversations to find compromise? Why can't we find common ground to come together and make progressive change instead of tearing at each other's throats because of our petty differences?

I believe that the working class has gotten the short end of the stick for decades while the rich get richer.

I believe veterans have been neglected and deserve

better access to healthcare treatment and financial support.

I believe that all immigrants should go through a process to become American citizens or legal residents as the majority of our ancestors did and not live here illegally. I believe there should be stricter standards of vetting to acquire a US visa.

I believe American citizens should have more job opportunities and corporations should have restrictions on outsourcing.

I believe in the right to own a gun, given that you're mentally stable and have no violent criminal history.

I also believe in the right to freedom of speech.

President Theodore Roosevelt once said, "Patriotism means to stand by the country. It does not mean to stand by the president or any other public official, save exactly to the degree in which he himself stands by the country. It is patri-

otic to support him insofar as he efficiently serves the country. It is unpatriotic not to oppose him to the exact extent that by inefficiency or otherwise he fails in his duty to stand by the country. In either event, it is unpatriotic not to tell the truth, whether about the president or anyone else."

Forget democrat or republican. If we don't have the right to question our government no matter which party is in charge, then who's going to stop elected officials from abusing power?

We all have the right to express our beliefs and should give and receive the respect of those with opposing arguments when we can't agree. But first and foremost, we have the right to tell the truth and call out the government when they no longer serve the good of all citizens.

I believe that all Americans should have access to cheaper and better healthcare; that a woman should be able to make choices about her body, especially regarding her sexual and overall health. I believe that sex crimes should be punished more harshly than drug crimes in the court of law, given the nature and magnitude of the individual crime; that the LGBTQ community should have equal rights as well as every single American of every color, race, and religion. I believe in the freedom to protest peacefully.

I believe in equal pay for equal work. I also believe that all Americans, male or female, deserve a better maternity/paternity leave system.

I believe in quality education and easier access to scholarships and student loans with

better borrowing rates and more opportunity for debt forgiveness.

So, some of you may read this and label me a liberal, a conservative, a spoiled millennial, feminist, etc. But I'm just a person who has these beliefs based on my own experiences and subjective reasoning. I'm not going to burn buildings and bash cars and windows because all of these things aren't available all at once. I'm not going to argue with strangers on social media about which one of us is "right" about certain issues. I am not going to disrespect those who disagree with my beliefs because they have gone through their own experiences and reasoning.

Instead, I will carry on with my day to day life and overcome challenges as they present themselves. I will stand and support all humans when they are being treated unfairly, regardless of race, social class, or religion.

I will question each and every branch of government and raise my voice when I feel that the government is not working for all people. I will promote positivity everywhere I go. I will listen-not just wait to speak, but actually listen-to other people's thoughts and feelings on such topics because that is how progress is made: By listening to ideas that do not always coincide with your own.

We don't have to agree on everything. But we should respect each other and each others' individual values and be able to talk openly about it. That is the only way for unity to be achieved and social progress to be made.

Bryce Donovan: The Swinger and Singer

MICHELLE RICCIARDI
Editor in Chief

Colin Kaepernick sparked national outrage back in August when he refused to stand during the National Anthem.

He has even been accused of causing NFL ratings to drop this season, according to Fox News.

In an interview with NFL Media, Kaepernick explained his reasoning behind his choice to kneel.

"I am not going to stand up to show pride in a flag for a country that oppresses black people and people of color," Kaepernick said. "To me, this is bigger than football and it



Bryce Donovan

would be selfish on my part to look the other way. There are bodies in the street and people getting paid leave and getting away with murder."

While he's received both praise and backlash, Kaepernick has started a conversation across the nation that has trickled all the way down to college and even high school sports.

For Pace Football, this was an opportunity to come together in a time of great divide.

Instead of teammates choosing to stand or take a knee during the anthem, the team decided to link arms on the sidelines to show unity.

"I understand the point that is trying to be made," said football captain Delaney Wallace. "As the leadership group, we came together and said, 'hey, instead of having a cou-

ple of people off to the side kneeling, can we do something as a team to show that everybody is in this together.'"

Wallace says that although there is a point to be made about the social injustices present in society, the team wanted to come together to support each other.

"We recognized that this was a prevalent piece of sports and that other teams we play will encounter it," said Head Coach Andrew Rondeau. "We anticipated that there would be players who would want to use this opportunity for nonviolent protest. [The team] got out there and said, 'Instead of letting this divide us-it's a hard enough season as it is-let's do

this in a fashion where we can support each other.'"

Captain and defensive lineman Gavin Maher says that the team's compromise allows them to honor the flag while still making a statement.

He and Wallace believe that the reason for backlash against Kaepernick is due to the fact that he used his prominence as a professional athlete to create an "uncomfortable conversation."

"It's easier to complain about the thing that he's doing than to try to fix the problem that he's trying to solve," said Wallace. "A culture takes forever to change and it's easier to ignore it and sidetrack the conversation."

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BY MARCH 6 FOR MORE INFORMATION

**CONGRATS,
CLASS OF 2017!**

PACE UNIVERSITY

This Week in Sports: Mon., Jan. 30 – Sun., Feb. 5

BASKETBALL

MEN'S (7-16, 4-11 NE-10)

Guard Christian White scored 28 points and helped Pace Men's Basketball edge out Adelphi University 77-76 at Adelphi's Center for Recreation and Sport on Wed., Feb. 1.

WOMEN'S (10-13, 4-11 NE-10)

Women's basketball guard Alexandra Monteleone's 23 points not enough as the Adelphi University Panthers defeated the Setters 64-54 at Adelphi's Center for Recreation and Sport on Wed., Feb. 1.

Men's and Women's Basketball will be on the road Sat., Feb. 11 to take on the American International College Yellow Jackets.

MEN'S (3-4, 2-1 NE-10)/WOMEN'S (3-4, 1-2 NE-10) SWIMMING AND DIVING

Men's and Women's Swimming and Diving will take part in the Northeast-10 Conference Championships from Thurs., Feb. 16 to Sun., Feb. 19.

Upcoming Athletics

February 11
Women's Basketball
at American International College
Springfield, MA
1:30 p.m.

February 11
Men's Basketball
at American International College
Springfield, MA
3:30 p.m.

February 15
Women's Basketball
at College of Saint Rose
Albany, NY
5:30 p.m.

February 15
Men's Basketball
at College of Saint Rose
Albany, NY
7:30 p.m.