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Dr. Hundersmarck Searches for Happiness

JACK FOZARD

Feature Writer

In front of many eager eyes and ears, Dr. Lawrence Hundersmarck explained happiness and his findings on the subject; observations gathered from a lifetime of searching for the answer to perhaps the most important question – how can one find happiness?

What, then, does happiness mean for Dr. Hundersmarck?

Drawing from his background of study in both religion and philosophy, Hundersmarck more than once quoted the famous philosopher Aristotle when grappling with happiness and its definition.

“All the way back to the time of Aristotle, happiness has been presented as the goal,” said Hundersmarck near the beginning of his speech. “Even the great mind Immanuel Kant thought that ‘although we all want happiness, no one can clearly define it’, ... the very essence of [happiness] seems to elude us.”

As someone immersed in academia for most of his life, with two

Master’s degrees, one in Philosophy and the other in Religion, and with a P.h.D. in Philosophy, Hundersmarck has had a long time to ponder this all-important question.

Born June. 3, 1951 in Passaic County, New Jersey, Lawrence F. Hundersmarck lived in Passaic until his enrollment in the University of Scranton in Scranton, PA in 1969.

He went on to graduate from the University of Scranton in 1973 with a Bachelor’s degree in Philosophy, graduating the following year at Providence College with a Master’s degree in Religion. After already obtaining one Master’s, Hundersmarck graduated in 1976 from the University of Dayton with another Master’s Degree, this is time in Philosophy.

“Happiness has preoccupied the greatest minds in human history” says Hundersmarck. “Here’s the confusion, how do we approach the topic? ...Happiness is an accomplishment.”

Following nearly ten years as a student studying those very minds, Hundersmarck went on to teach, starting first as a visiting professor



PHOTO BY JACK FOZARD

Philosophy and Religious Studies professor, Dr. Lawrence Hundersmarck, discusses the search for happiness with his class.

at Fordham University in 1979, starting at Pace in 1981. From then on he has taught at Pace, obtaining his P.h.D in Religion from Fordham in 1982 – just a year after starting as a full-time professor at Pace.

For Dr. Hundersmarck, teaching

and speaking to students seems to be his way of finding some form of happiness, having dedicated nearly 40 years of his life to the profession.

“We should maximize the happiness of others to the extent that we

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Study Abroad Fair Takes Place Despite Inclement Weather

CHRISTINA BUBBA
Feature Writer

World-wide representatives were set up in Pace University's Kessel Student Center on Wednesday, eager to discuss the school's study abroad program with students.

While the fair was cut short due to inclement weather, it did little to dampen the enthusiasm displayed by the representatives of the seven visiting programs: the University of Westminster, SIT Study Abroad, USAC Global Partner, John Cabot University, Richmond College of London, Spanish Study Abroad, and University of College Cork.

"A year and a half ago, 15 percent of Pace students studied abroad, which is five percent more than nationally," Director of study abroad Theresa Frey said.

Frey claimed that these percentages are rising for Pace University. According to Jane Wallis, the Head of Education Abroad Team for University of Westminster, there are at least 20 students from Pace University campuses on its London campus each semester.

Undoubtedly aiding to these rising numbers is a new 500-dollar grant offered to study abroad students with a G.P.A. of 3.0 or higher. This offer became available in fall 2018 for all graduate/undergraduate students.



PHOTO BY CHRISTINA BUBBA

Representatives from one of the study abroad programs speak to a student during the Study Abroad Fair.

Pace's unique programs were exemplified at the fair, getting students excited to go abroad. One of the oldest programs, Spanish Study Abroad, which originated in Seville, Spain offers six locations for students to study in Spanish.

"I studied at Seville as a soph-

omore and I was pretty fluent in Spanish," Mackenzie Stevenson, Spanish Study Abroad representative said. "I lived with a host family and we all spoke in Spanish all the time. All my classes were all in Spanish."

Stories like Stevenson's had

students excited to start planning their trip abroad.

"I got a lot of information on study abroad programs from Australia, which is where I want to go, and information on the process," sophomore psychology major Shannon Mueller said. "I want to get the full experience of being independent, traveling to a foreign place by myself, using money wisely and exploring the different towns and places."

Intern and Study programs are being pushed by study abroad faculty so students can leave with field experience.

"On top of an abroad experience, students will be able to gain professional skills in a foreign country," Arthur Kaufman, Study Abroad Office employee, said.

Non-traditional programs like SIT Study Abroad offers field-based experience for students interested in critical global issues. Students with any major can choose to go abroad through this program.

Whether students are looking for a specific program or simply have a passion to travel, the study abroad fair exemplified all of the options offered at Pace University.

"Studying Abroad is definitely the most transforming experience of anyone's college career and I would encourage any student to study abroad," Kaufman said.

New Relaxation Room hours!



Kick back on the PLV Campus:

Mondays: 4 p.m.-9 p.m.
Tuesdays: 12 p.m.-4 p.m.
Wednesdays: 4 p.m.-9 p.m.
Thursdays: 4 p.m.-8 p.m.

You asked, and the Counseling Center answered! The Relaxation Room, located in the lobby of Elm Hall, will now be open earlier, offering even more opportunities for you to

unwind before heading out to your next class.

Looking for more ways to get involved? No problem! Every week, the Relaxation Room

hosts supportive group sessions:

Family Matters

Thursdays | 3:30 p.m.-4:45 p.m. | Counseling Center, Administration Center, 2nd floor
Family Matters is a confidential group for students seeking support in a variety of family related matters, ranging from relationship difficulties with family members, alcohol and substance abuse by a family member, family mental health issues, separations and divorce, and deaths in their family, among others. This group offers a safe space for students to share their experiences as well as provide and receive support.
Contact Dr. Carl Hovey and Dr. Amanda

Michael to find out more about the group at (914) 773-3710.

Understanding Self and Others

Tuesdays | 3:30 p.m.-4:45 p.m. | Counseling Center, Administration Center, 2nd floor
This is a confidential interpersonal group that runs weekly throughout the semester, bringing together students of all backgrounds who may struggle with difficulties within their relationships or are looking to understand themselves better. This group offers a safe and private space to all.
Contact Dr. Janine O'Brien or Dr. Amanda Michael for more information at (914) 773-3710.

MCVA Updates Policy on Equipment Checkout

ADIBA SIKDER
Feature Editor

The Media, Communications, and Visual Arts Department at Pace University recently updated their policy on the film equipment checkout policy, allowing students who have taken Media Production I to check out equipment for personal projects.

In the past years, students were only allowed to checkout film equipment if it was needed for a project assigned by a professor for a class which caused a lot of frustrations for students who wanted time and space with the equipment in order to learn and become better acquainted with the film-making process.

Many felt that the previous policy was unfair, because one of the biggest reasons they chose

Pace over other schools is because we're considered a hands-on learning school and they were expecting personal time with equipment.

This updated policy doesn't just give students the opportunity to learn more but it gives them the opportunity to live out their dream sooner than expected and to start their reel for the professional world.

In the past, students weren't able to start their professional reel until their junior or senior year when they started taking more film classes, but now students can start as soon as their second semester of freshman year.

The opportunities for Media, Communications, and Arts students continue to grow everyday as our world evolves and becomes more digital and starting a



FILE PHOTO

Film equipment is located in the media lab at Willcox Hall.

reel and learning as much as possible has become more important than building a resume for many of these students.

Giving students a chance to create their art during their personal time can also allow them to perform better in the classroom and ask more questions so that other students can learn as well. There have been several times when students in the classroom aren't sure what to ask because they aren't acquainted with the

equipment.

No question is ever a ridiculous question, however, being confident enough to ask the questions needed is extremely important for students that are more shy and passive in a classroom setting.

The only pieces of equipment that are restricted are drones because they require specialized training and any cinema level camera unless the student has taken Cinematography and Art of the Moving Camera.

Although the policy states that students can take out equipment for personal projects, the equipment may not always be available because priority is given to students who need it for production-based courses on campus.

It was time for Pace to make a change and they have made it. Now it's time for students to take action and work to their potential in order to show Pace that they made the right decision.

The Pace Chronicle

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Letters to the Editor Welcome

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The Abyss of the Sound Choir Brings Musical Outlet to Pace

ADIBA SIKDER
Feature Editor

The Abyss of the Sound Choir, a sound choir group, was recently launched last year by Alyssa Chambers, a sophomore at Pace, in order to give Pace students a musical escape.

Students of all musical backgrounds are welcomed in the group and are encouraged to join in on their performances on campus.

"It gets a bit complicated because we do have a pep band on campus and they're more focused on instruments, but we welcome anyone who wants to be involved and can play an instrument," said Chambers.

Several members of the choir group have never sung professionally and didn't feel comfortable with their singing voices when they first walked in to the club meeting, however, they gradually end up becoming more comfortable.

Chambers, the President of Abyss of the Sound Choir, has been passionate about singing since she was four years old and has performed with several professional singers. She uses many vocal and breathing exercises that she has learned throughout the years in order to help train new voices.

"We want everyone to feel comfortable with their singing voices in a safe environment, over time as they do the voice and breathing exercises, their voices start to get trained and they have more control over it," said Chambers.

Currently, the group's performances are requested

by other clubs or organizations on campus through Orgsync early in the semester or a few weeks in advance in order to give the group enough time to prepare.

However, although the group has performances for other on-campus events, the group is considered a club on campus. Chambers has several aspirations for the future of the group and hopes to take Abyss of the Sound Choir to competitions in other schools.

"I hope that we can be a professional performance group in the future competing with other colleges. For now, I'm glad everyone is having fun and we're performing the best we can," said Chambers.

The Abyss of the Sound Choir's motto when it comes to performances is to make the mistakes during rehearsal and embrace the mistakes so that they can learn from it and can put on the best performance that they are capable of.

Chambers believes that in order to transition from club to performance group, the members and future members of the club have to have a change in mindset and have to want to perform in these competitions in order to truly become a



PHOTO BY ALYSSA CHAMBERS

Members of the Abyss of Sound Choir.

competitive group.

"Abyss of the Sound Choir brings the musical aspect that has been missing on this campus to Pace," said Chambers. "It gives students an outlet to just enjoy music and use it as a form of meditation."

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AMERICAN STAFFORDSHIRE TERRIER
& TERRIER MIX



Gentleman Johnny is a total hunk! He has not only earned his CLASS BA attesting to his good manners, he has qualified as a therapy dog through our Golden Outreach program, bringing cheer to residents of a nearby assisted-living facility. That's a true testament to his gentle demeanor and temperament.

This gentle, low-maintenance guy just wants to be by your side. Car rides, long walks, a romp in the park – you name it, and he's up for it. Johnny is an all-around great pal. Come meet this well-trained, easy-going, low maintenance guy!

What to Bring: Please bring a copy of your current pet(s)' vaccination

records (if you currently have a dog or cat or did within the last 2 years) and a copy of your lease (if you rent/own a condo/co-op/townhouse) in case we are unable to get hold of your veterinarian or landlord/management company on the day you come in.

Adoption Process: We do same day adoptions pending application approval/satisfactory reference checks, except in the case of dogs listed as Trainer Adoptions. Every person living in the home where the dog will reside must come meet the dog, and any dogs already in the home must come for a meet and greet as well.

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COME MEET SADIE

AKITA & HOUND MIX



We are so proud of Sadie. She just passed her C.L.A.S.S. B.A. and M.A. test! C.L.A.S.S. stands for Canine Life and Social Skills, and by earning her B.A. and her M.A., Sadie has shown that she's mastered things like meet and greets, loose leash walking, stay, settle, leave it, and more. In other words, she's one smart, well trained pup! It's time for our star student to go to her forever home.

Sadie is around 8 years old and she's a real brindle beauty! She may have a little grey in her muzzle, but she's got a lot of pep in her step. She's active, playful, and very friendly. Sadie loves spending time with people.

She's a mature girl who's well-mannered and will make a great companion, adventure buddy, and best friend. If you'd like to spend your days playing fetch or going for long walks, and your nights snuggling with a furry best friend, Sadie might just be the girl for you!

What to Bring: Please bring a copy of your current pet(s)' vaccination records (if you currently have a dog or cat or did within the last 2 years) and a copy of your lease (if you rent/own a condo/co-op/townhouse) in case we are unable to get hold of your veterinarian or landlord/management company on the day you come in.

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A Rest from the Stress

JOSIAH DARNELL
Opinion Editor

The life of a college student is a stressful one. There's the responsibility of having work done on time, usually without a reminder from professors and getting to class on time can be a tall task to order. That is the story of students who live on campus. Now what about commuters? Commuters are saving money by not living on campus, but at the same time their days can be long as anybody else's.

We all know that when we have long days, it is second nature for us to go back to our rooms and relax for a little bit before we attend the next thing on our agendas. Commuters may not necessarily have that option especially if they aren't on that level of friendship with

residents.

To further dive into the life of a commuter I decided to talk to one. I talked to Javier Nina, sophomore commuter and football player, and I asked him what he thought could be done to make his trips to and from Pace more convenient. He replied by saying, "resting areas so I can lay down for a little bit."

In terms of scheduling, "Tuesdays through Wednesdays are pretty brutal because I'm here almost all day," he said.

The fact that he's an athlete makes his day ten times longer. He's on campus by 7:45am for team runs and then he's going about his day filled with classes and weightlifting. There are other athletes who commute that go through the same stress and in fact, commuters in

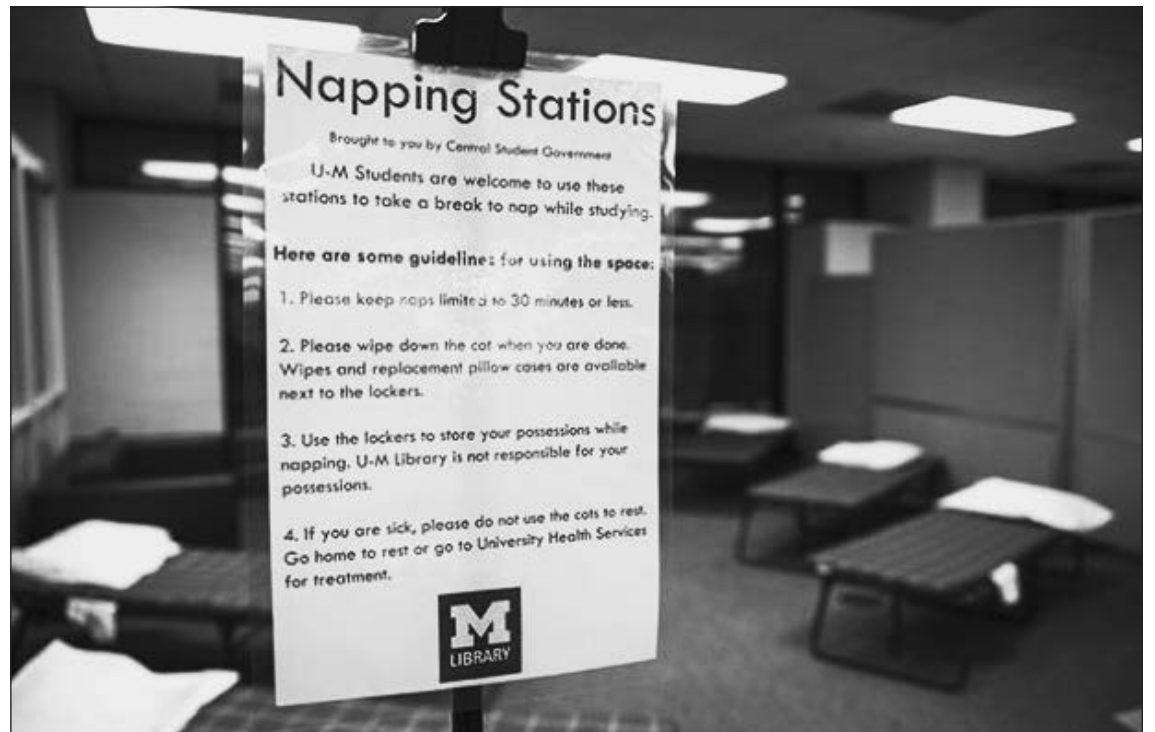


PHOTO FROM GOOGLE

Napping stations that the University of Michigan offers its students.

general.

A place for commuters to lay down for a little bit seems fitting for them. When finals start the library sets up napping areas for students to take some time out from all the stress of studying. It

would be the same set up for commuters. Nothing too outrageous, but a little something just enough for them to take a load off whenever they deem necessary.

I believe a lot of commuters would benefit from

that and we might even catch some students who live on campus helping themselves to the commuter's abode. This would give commuter's a taste of what living on campus could be like and to be of more convenience to them.

More Spices in the Melting Pot

JOSIAH DARNELL
Opinion Editor

Professors are individuals that we look to for guidance, advice, and structure. As young adults growing up in the world, as tough as it is now, those are detrimental and key factors to our success. Now when we look at those professors or authority figures here at Pace we see a lot of color and that being white.

There is nothing wrong with that but when it comes to having some culture and to have stories shared from different backgrounds and ethnicities, then it becomes a little bit of an issue. There are some things that students need to hear from first-hand experience that may not

always be presented to them concerning certain issues.

"I do believe that not having enough diversity in the faculty and staff department can be problematic for students because of the image it gives off," said Cornell Craig, Director of Multicultural Affairs and Diversity Programs. Craig explained that having lack of diversity with authority figures can cause students to have a fixed mind on what authority figures in the real world will look like. If they see a shift in that dynamic, then their perception of the world will change.

Students look to someone who they can relate to and to tell them what are some of the challenges that will lie ahead because what

they look like. This may not necessarily be as effective if it were coming from professors who may not look the same as most of their students.

Craig also brought up another good point when he said, "we see a lot more diversity, mainly minorities, when it comes to security, janitorial services, and cafeteria workers. What type of message does that send?"

Not to say that it is terrible to see them working those type of professions, but students get accustomed to seeing that because it's presented to them on a regular day basis. So once they step outside the campus it's almost as if students expect to see minorities work in those fields and to see white



PHOTO FROM GOOGLE

Pot representing America, in this case Pace and the spices that go inside the pot.

people in positions of power.

I know that it's not the message Pace University intends to send out but to someone on the outside looking in, or to students who are here day in and day out, it can be the message that is being perceived.

Diversity is extremely

important not only at the University but in life period. It forces individuals to open up their eyes and get a little dose of life from people of different cultures, backgrounds, and races. At the end of the day we are all on this Earth together so we might as well get to know one another a little better.

Softball Player Jackie Burd: Hall of Fame Bound

KWADAR RAY
Sports Editor

Jackie Burd, former Pace Softball player, discreetly walked away from her co-workers to answer her phone and before long, tears were slipping through her eyelids.

No, these were not tears of sadness, but rather tears of joy and fulfillment because Burd was informed by Pace Athletics Director Mark Brown that she was being inducted as a new member to the Pace Athletics Hall of Fame.

During her time at Pace, Burd would stroll through the athletics facility, and stare admirably at the plaques of Hall of Fame members displayed throughout the facility. Now, she will be one of the plaques admired for years to come.

"I was ecstatic," she said. "I wish someone filmed my reaction because it came out of nowhere and just blew my mind. This is something you hope but never expect, but obviously now that I'm being inducted, it is probably one of the biggest accomplishments of my life."

Burd's journey began as a young girl on Long Island; she was the daughter

of Bunny and Mike Burd, who met while playing softball. Unsurprisingly, the two signed their daughter up to play the sport.

"My parents are both very active influences in my life," Burd said. "They signed me up for softball when I was 12 and my mom coached me throughout high school on the intramural teams and my parents always supported me and came to all my games."

Highly recruited out of high school, Burd selected Pace University to play—a decision that came with immediate benefits.

As a freshman in 2002, Burd hit a grand slam in the Eastern College Athletic Conference (ECAC) championship game that helped the Setters pull away from Adelphi and secure Pace's first ECAC title.

What made the game more special than others was the fact it took place on Mother's Day, and as a surprise to no one, Bunny and Mike were in the crowd.

"My mom was going crazy," Burd said. "She was jumping up and down. It was just so special. That's a game that I will always remember."

The success continued for Burd as she aided Pace

to its first NE-10 Conference Championship her sophomore season. She also posted elite personal stats throughout her career such as 181 hits, 37 doubles, 73 walks and 101 runs scored.

Burd clearly excelled in athletics, but what sold her to attend Pace more than anything—including the softball program—was the school's five-year business program.

"The business school, especially, is what intrigued me about Pace," she said. "The Lubin School of Business is well known, so I think that was a selling point to an already good athletic program."

Burd was taught work ethic during her career in softball. This prepared her for her career as an accountant.

"Working in a business world is just like playing for a team," she said. "You put so many hours into playing softball, so when you stop playing softball and stop going to school, you're still able to continue that work flow at your job."

Burd graduated in 2006, but she still attends events at her alma mater.

"I think Pace and everything they offered me is why I am who I am today," she



PHOTO COURTESY OF PACE U ATHLETICS.
New inductee into the Pace Athletics Hall of Fame and former softball player Jackie Burd holds the program's record in career walks with 73.

said. "So, I think it's important to go back and reconnect with students I never played just to share my experiences with them, and also continuously connect with alumni I already played with."

Of course, the most

significant event Burd will return for will be the Hall of Fame ceremony on April 26th in Harrison, NY.

"I'm hoping everything goes okay and I won't start crying, but I can't make any promises," she said.

Happiness

Continued from page 1

are happy we are making others equally as happy," said Hundersmarck. "That is to say, we're enhancing happiness by being happy."

Dr. Hundersmarck disavows the traditional "con job [of] buy buy buy, be

happy happy happy" picture of happiness that can be observed in American culture, despite being raised in it all his life. For him, happiness has more components to it than just material wealth.

"Material things give you opportunity to become more fully human," said Hundersmarck on the

matter. "It's a good thing people are not filled with disease and that people are warm, people are secure—those are good things. But they are not the only thing, nor even perhaps the most important thing that make people happy."

The answer we all seek, of true happiness is not one easily grasped,

according to the Hundersmarck. There are pieces that are easy to miss on the road to happiness, he thinks.

"People who are trying to actualize that which is best in their humanity are always looking for a kind of integrative purpose," said Hundersmarck. "People who are self-reflecting

are becoming what they're doing. They're aware that what they're aware of is making them who they are. People who are not living at the level of mere amusement, mere distraction... are looking for an integrative whole... there is a delight in who you are, and there is a joy in becoming more."

Dan Mulholland's Life in Coaching

2018 Hall of Fame Inductee is also celebrating 50 years of coaching

KWADAR RAY
Sports editor

Dan Mulholland, Men's Lacrosse assistant coach and 2018 inductee into the Pace Athletics Hall of Fame, was approached by two young men on a beautiful Fall Sunday in 1983.

Mulholland immediately recognized the two men – they had played for him when he was the lacrosse coach at Yorktown High School.

"They told me they were starting a lacrosse club at Pace and desperately needed a coach," Mulholland remembered. "They asked me if I could do it."

Mulholland instantly accepted the opportunity because, at the time, he was in an uncomfortable scenario.

He was coaching lacrosse at Peekskill High School, the same school where his wife was a teacher and cheerleading advisor.

The issue at hand? Mulholland and his wife were going through a divorce.

"When the opportunity came to coach away from that situation, I jumped on it," Mulholland said.

Mulholland became the Pace Men's Lacrosse head coach in

1983, and led the team to varsity status in 1986. He is credited for officially starting the Pace Lacrosse program, a sport he did not have interest in until his freshman year at SUNY Brockport in 1965.

"I actually went to college as a football player," he said. "However, I played in the age where freshman football players couldn't play in varsity games and would play scout against the varsity team, and we just got pounded every day."

Luckily for Mulholland, he had two roommates who were lacrosse players, and eventually he began picking up a lacrosse stick and started playing the sport.

Upon graduation, Mulholland became the lacrosse coach at Yorktown in 1968, kick-starting his 50 year career in coaching. During these 50 years, he has experienced it all. He has been fired, he has won championships, and he even met Bill Belichick, current New England Patriots coach, a few times before he became a legend.

Name a sport and Mulholland has coached it. His resume includes coaching high school and college lacrosse, high school and college football, high school basketball, and as a favor for a fellow coach who pleaded with him to do it – even coached track and field.

"I had no days off," the Ardsley native said. "Even during the summer when I wasn't coaching, I would work construction."

Mulholland was a successful coach in all sports, but his greatest success came as the head coach of the Pace Men's Lacrosse team. His teams went 104-77 during his stint from 1986-1999.

The most successful team out of the bunch was the 1999 group that went 14-1 and won the NE-10 Conference Championship.

"The thing I remember about that team is how hard they worked," Mulholland said. "My assistant coach and I were both full time school teachers, so we were limited to the time we could get on the field. On their own, the players would get up and run at six in the morning, four days a week. The captains pushed them to do that and to get out there and work that extra hard."

"I don't think during the entire 1999 season we were ever in the gym," he said. "We practiced in snowstorms and rain, and the guys loved it. It was just that type of group that we were and we were fortunate to have Marcus Mayus. They had the best captain I've known in my life."

Mayus and the rest of the 1999 team are also being inducted into the 2018 Hall of Fame. Mulholland says there isn't a more special honor than to be inducted the same year as the distinguished team.

"It is special to be in with those guys. Pace has gotten most of the guys from that team to come back for the ceremony, which is a thrill," Mulholland said. "One of the guys recently said to me 'Coach, we were more than a team, we were family.'"

Despite winning the championship in 1999, Mulholland left Pace the following year, but returned 14 years later as an assistant coach.

"I was mulling over what I should do for my future, but then I had a phone conversation with Coach [Tom] Mariano and it was a perfect fit to come here," he



PHOTO COURTESY OF PACE U ATHLETICS.

2018 Pace Athletics Hall of Fame inductee, Dan Mulholland, has 50 years of coaching under his belt, along with 50 years worth of stories to tell.

said.

As the assistant coach, Mulholland is living a life with less pressure and responsibilities.

"An example of the difference between being a head coach and assistant coach is that now I'm allowed to be late," he laughed. "I don't have to go out and recruit, and I don't ever have to deal with the administration. All I do is look at the practice plan coach has and I know what spots are key for me. I just have less pressure and at my age, I kind of enjoy that."

With 50 years of coaching, which coincided with 41 years of teaching and summers working as a construction worker, one would think Mulholland is ready to hang it up and retire.

"A lot of guys my age are sitting home looking at where they're going to be, and thinking about when they're going to play golf again, but I can't do that," he said. "I'd miss coaching too much."